

NEW EDINBURGH NEWS

www.newedinburgh.ca



IODE Laurentian Chapter and
New Edinburgh Community
Alliance



50th Anniversary House and Garden Tour Saturday, June 11

This year's tour will feature houses in the Heritage Conservation District. There will also be two outdoor walking tours leaving St. Bartholomew's Church at 10:30 am, and 12:30 pm.

More info at: <http://laurentian.iode.ca>



New Edinburgh FAMILY PICNIC



Stanley Park Fieldhouse
Sunday, July 10
11 am - 2 pm
(rain or shine)

Everyone welcome, but please no dogs!
www.newedinburgh.ca

New Edinburgh

ANNUAL COMMUNITY GARAGE SALE

Saturday
September 17, 2011

9 AM - 3 PM
(RAIN OR SHINE)

For further information, call Cathy 613.746.0303
www.newedinburgh.ca



Painting by Wendy Trethewey

ART IN THE PARK: This is one of the many works of art produced by three "plein air" painters in the park. For full article see page 20.

After the Fire: Update on Developments on Beechwood

By Jane Heintzman

Many readers have been following developments since the fire on Beechwood on our community website at www.newedinburgh.ca where updates have been posted since mid-April, and will continue to be posted as events unfold over the summer. For those who have not yet had an opportunity to check the website, here's a brief summary of what we know so far about the rebuilding of the Beechwood block:

Community Consultations:

NECA has met with Mrs. Helene Carter of Bank and Vogue Ltd., the landlord of the properties affected by the fire. She hopes to start the rebuilding process on Beechwood as quickly as possible, and if all goes well at the City level, to have shovels in the ground by August 2011. Councillor Clark is reportedly working with City officials to support the project.

Mixed Use Development:

The Beechwood redevelopment is expected to take place within existing zoning regulations, and with particular reference to the Beechwood Design Plan of 2005. While planning is in its early stages, we understand that the new development will follow the mixed use model of the original structure, with shops on the ground level, possibly offices and services on the second floor, and residential apartments above on a third floor.

Retention of Village Character:

Mrs. Carter has assured NECA that she is sensitive to the community's strong attachment to Beechwood's village-like character with a "main street" of small, customer friendly shops, and intends to retain that model in the new development. We understand too that she is attempting to accommodate the businesses displaced by the fire as she draws up her

project is large and complex, and there are a great many variables in play. At this point, a best case scenario would appear to entail about 12-18 months for the rebuilding on Beechwood, and roughly 2 to 4 months for the restoration of a number of the Mackay Street shops. Due to structural damage, the corner building at Beechwood and Mackay may require somewhat more time to complete. Tenants of the



Photo: Louise Imbeault

Demolition is well under way on the destroyed sections of Beechwood Ave.

plans. At the time of publication, NECA was attempting to get in touch with Mrs. Carter and is hoping to review preliminary design plans with her in the very near future.

Timing:

The timetable for the recovery process is still unclear, as the

vacated apartments on Mackay Street have recently been advised that they should be able to return to their homes by September.

The Merchants:

Where Have All Our Friends

Continued on page 8



NECA President Joan Mason Reports

This has been a most dramatic year for our community, with the loss of part of our main shopping district and the uncertainty about our community centre leading the list. This is my last report until the fall, and I would love to give definite information about how these issues will be resolved but unfortunately I cannot. What I can say is that the residents of the area have come up trumps in responding with compassion and concern to all of the upheavals.

I especially wish to congratulate and appreciate the **NECA Board**. We are so fortunate to have this spirited and selfless group of thoughtful and intelligent people concerning themselves with all manner of things on behalf of the community. They have made my first year as president a joy. I always look forward to our monthly meetings and being able to consult with and rely upon this committed group of people.

In the final analysis, all that we do is about the quality of life in our community, our city, in the nation, in the world. Everything starts at the grassroots. Everything depends on the willingness of people to engage with something other than and greater than themselves. We have fine examples of this in New Edinburgh, with

the efforts of the **Crichton Cultural Community Centre (4Cs)**, the **Crichton Community Council (3Cs)**, the **New Edinburgh News**, the **New Edinburgh website** (www.newedinburgh.ca) and **NECA** (New Edinburgh Community Alliance). However, they need the enthusiastic creativity of residents coming forward to give them life. There are no small jobs in New Edinburgh. To find out more call me at **613-842-8693**. At the very least please join NECA. It is a free and life-long membership. All NECA members are empowered to vote at the Annual General Meeting. Just fill out the registration form on the website or call **Gemma Kerr** at **613-745-7928**.

NECA's Annual General Meeting is set for October 25, at 7:30 pm in St. Bartholomew's Church Hall, 125 Mackay Street. Save the Date.

In the meantime the work of NECA continues...

1. NECA will be supporting in every way the efforts to retain our Community Centre at 200 Crichton Street.

2. NECA is monitoring the Beechwood rebuild. Check the website for updates on merchants and the situation. A Beechwood Alliance has been formed with neighbouring communities to encour-

age the implementation of the Beechwood Development Plan. New Edinburgh was deeply involved with the formation of this plan about eight years ago, and we have seen little action since.

3. NECA will also be co-hosting the **IODE, Laurentian Branch, Annual House Tour on Saturday, June 11**, to celebrate the 10th anniversary of the Heritage Conservation District and the 50th anniversary the IODE House Tours. This year they are raising funds for Interval House. **Her Excellency Sharon Johnston** will be cutting the New Edinburgh celebratory cake at 2:00 pm at St. Bart's Church Hall. Music will be provided by local harpists Acacia Lyre. Tickets are available online at laurentian.iode.ca or from local merchants.

4. NECA's Heritage and Development Committee is working in conjunction with Heritage Ottawa to host our **Annual Heritage Forum** in October. They are also attending the ongoing public meetings with the City concerning infill guidelines.

5. **NECA's Friends of the Park Committee** is overseeing what the park needs and prodding the City to make it happen. Buckthorn will be removed by local volunteers, overseen by the City. More 'walking only'

Your NECA Representatives 2010-2011

| | | | |
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| Brian Torrie | 747-7951 | brian.torrie@rogers.com | Crichton Community Council |

NECA MEETINGS: All Welcome

The NECA board meets nine times a year, normally on the **third Monday of each month** at 7:30 pm. No meetings in July, August, or December. NECA's Annual General Meeting (AGM) will be in October.

Our upcoming board meetings will be held at **St. Bartholomew's Church** at **125 MacKay Street**, by kind permission of the church board and warden.

Meetings are open to all New Edinburgh residents. Anyone wishing to make a presentation to the board should please contact Joan Mason in advance to arrange scheduling. Our next meetings are:

June 20, 2011, 7:30 pm at St. Bartholomew's

September 19, 2011, 7:30 pm at St. Bartholomew's

October 17, 2011, 7:30 pm at St. Bartholomew's

AGM: Tuesday, Oct 25, 2011, 7:00 pm at St. Bartholomew's

Any changes to this schedule would be posted in advance on the New Edinburgh website, www.newedinburgh.ca.

or 'No Bicycle' signs have gone up on the walking paths. Dead trees are being removed and stone dust put down. There is also a promise from the City that the tennis courts will be resurfaced next year instead of in 2015. And we have the 'No Smoking' signs up by the playground.

There are many unknowns at the moment and the next few weeks and months will reveal what we have gained or lost. I hope we have a community centre, I hope the work commences soon on Beechwood. I hope you all have a marvelous summer and we will see what awaits us in the fall.

NEW EDINBURGH NEWS

P.O. Box 74038, Ottawa, K1M 2H9

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Heritage and Development Committee - Comité Patrimoine et Développement

The BRICK is Back

We are delighted to launch this year's B.R.I.C.K. awards, aka the "Burgh Renovation, Improvement, and Construction Kudos" awards. The BRICK is our community's unique way of acknowledging sympathetic projects that add to the appearance and character of the neighbourhood. The success of last year's inaugural BRICK ceremony at the NECA AGM has encouraged us to continue the award this year.

We want to identify and celebrate those projects where owners have taken particular care to carry out their renovation or construction in an attractive, sympathetic way. In addition to receiving the recognition and thanks of the community, each winner will also receive an impressive framed certificate, a \$100 gift certificate for a local business of their choice and, of course, a genuine antique brick, complete with an engraved plaque.

The accompanying box contains a summary of the rules and procedures. We encourage you to bring nominees to our attention at any time via e-mail

to gailmceachern@rogers.com. The winners will be announced at the NECA AGM in October 2011.

Interested in Local Heritage & Development?

The New Edinburgh Heritage & Development Committee gets involved with lots of different activities. We review, we research, we write, we convene, we speak, we publish, we inform. For example, when residents are planning a construction project, we can offer informal advice about the Zoning By-law, infill design guidelines, and heritage rules and regulations. We are the City's formal contact point for community consultation about development applications, so we review proposals and provide comments to the various approval authorities. We run the B.R.I.C.K. awards to celebrate the best renovation and construction projects in the neighbourhood. We provide feedback to the City on planning issues, such as the current overhaul of the Infill Housing Design Guidelines; these have been largely ignored by developers, so the City is seeking input to strengthen them (– we

were able to use the preliminary findings to push for improvements during the redevelopment of 296 Crichton Street, at Electric). We try to raise awareness about the remarkable wealth of heritage we enjoy in New Edinburgh, and our responsibility to protect it. Related projects included publishing the Heritage Brochure, with its self-guided walking trail, and organizing Heritage Forums that bring together residents, expert speakers, and partner communities to explore heritage concerns and opportunities (– we're working on another Forum this fall). Also, after 10 years of experience, we shall be examining the Heritage Conservation District Plan & Guidelines to ensure they are strengthened and comply with changes to the Ontario Heritage Act. We try to keep the community informed on these activities through our regular column in the *New Edinburgh News* and we also maintain an extensive archive on the community website, www.newedinburgh.ca.

Yes, the scope is broad, and we would like to do more. But our efforts are constrained

The B.R.I.C.K. Award

Eligibility: Any renovation, infill, addition, restoration, or other construction project at a property located within New Edinburgh, inside or outside of the Heritage Conservation District (HCD), and regardless of whether or not the project has been formally reviewed by NE Heritage & Development Committee as part of the development approval process. Only work on the exterior of the property is eligible. The project must have been completed since the preceding NECA AGM (i.e., June 2010).

Selection Criteria: Review of nominations will take into account criteria such as quality of design, materials, heritage considerations, impact on neighbours, impact on the streetscape, landscaping, and environmental "green" considerations. Where applicable, nominations will be

reviewed for compliance with the NE HCD Guidelines, the City's Infill Guidelines, and the Zoning By-Law.

Selection Panel: The NE Heritage & Development Committee will serve as the Selection Panel and will document the rationale for its decisions.

Nominations & Publicity: Any resident of NE can nominate a project, at any time, to a member of the NE H & D Committee, the NECA Board, to the *New Edinburgh News*, or direct to gailmceachern@rogers.com. The deadline for nominations to reach the Selection Panel is **September 1, 2011**, to permit review prior to the NECA AGM.

Results will be published in *New Edinburgh News* and on the community website as soon as possible after the NECA AGM.

because we are relatively few in number. If you are interested in these types of activities and would like to volunteer your time and expertise for the benefit of the community, we'd love to hear from you. It matters not whether you live inside or outside the Heritage Conservation District. And we are flexible on arrangements, whether you consider joining the Heritage & Development Committee as a full member, or prefer to focus on certain projects. Curious? You can con-

tact me at paulmcc@magma.ca.

Thank you, Katherine ...

On behalf of NECA and the community, I should like to take this opportunity to offer sincere thanks to Katherine Arkay, who recently retired as Co-Chair of Heritage & Development Committee. Katherine has worked energetically and imaginatively on so many projects, including the Heritage Brochure and the B.R.I.C.K. awards, as well as writing submissions to the City, making presentations to the Ontario Municipal Board, and lots more besides. Fortunately, Katherine finds it difficult to say "No", so her retirement is not absolute. She will still be associated with H & D Committee as an "ad hoc member", working on selected assignments. New Edinburgh is fortunate indeed to have Katherine as one of our own.

From the Editor's Chair



The production of June edition of the *New Edinburgh News* brings our publication year to a close. It has been a good year for the paper, which continues to attract support from local advertisers despite the economic hardships of late. We very much appreciate this stalwart support and continue to strive to encourage patronage by our readership. *Shop local and shop often!*

This is also a good time to highlight the dedicated service provided by our steadfast cast of volunteers.

The Core Team

The amount of time and energy that **Senior Writer, Jane Heintzman** puts into each edition is incalculable. Besides writing much of the content (with or without injuries), she also helps to incubate and guide new contributors. What would we do without Jane? I don't

even want to think about it.

Photographer/Columnist Louise Imbeault somehow always manages to be 'on the scene' for breaking developments and her boundless enthusiasm for the community is downright infectious. She is an absolute joy to work with! We also welcome our newest volunteer photographer, **Patricia Riveroll** (see In Our Midst on page 17).

Ad Manager Brian Holland always seems to manage to get very busy advertisers to deliver their ads in the nick of time. Quite a feat!

After having served as **Bookkeeper** for the past couple of years, **Oksana Smerechuk** will be heading off to Europe on posting this summer. We wish her well and look forward to her return in a few years! In her place, **Kathryn Sabetta** will be applying her small business skills to keeping the NEN books in good order.

The dedicated (and often late-night) efforts of proofreaders **Sandra Fraser** (honourary member of the community) and **Cathy McConkey** ensure the typos, run-on sentences and grammar snafus are kept to an absolute minimum. Kudos!

The Delivery Team

Thank you to **Distribution Manager David Horley** and his team of 'newsies' who deliver the paper to your doorstep each edition: **Philip McAdam, Kathy McConkey, Isobel Bisby, Margo Silver, Stephen Marmara-Burns, Lise Gagnon, Veronica von Nostitz-Tait, Celine Amdur, Liba Bender, Raymond Dubuc, Roger Hardy, William beddoe, Susan Boyd, and John Cox**. Bravo!

The NEN Advisory Board **Barbara Benoit, Joyce Dubuc, Jane Heintzman, David Horley, Gemma Kerr, Cathy McConkey, David Sacks and Jim Watson** provide important support and oversight for editorial and administrative decision-making. Thank you!

Farewell to a Colleague

After many years at the helm of the *Manor Park Chronicle*, **Managing Editor, Sharleen Tattersfield** is stepping down. Sharleen's dedicated stewardship during the challenging transition to electronic publication enabled the *MPC* to continue to flourish and grow.

Sharleen has also been a wonderful colleague and friend over the years in the small world of community publications. I want to personally wish Sharleen the very best.

The *MPC* and the *NEN* are very much sister publications and we hope that with the new Managing Editor this wonderful relationship will continue.

Volunteer Opportunities

Looking for community hours? Want to get more involved in the community? Give me a call—projects come in all sizes from simple scanning for our electronic archive to participation in production, administration or editorial decision-making. Join the team!

Cindy Parkanyi

Deadline
for the next issue of the
New Edinburgh News

→ **Sept 10** ←

newednews@hotmail.com



For Water's Sake Water Forum Highlights Why and How Our Actions Matter

By Sarah Anson-Cartwright
We may take it for granted, but water is at risk. It is at risk globally and it requires continuous attention at the local level. At the *Water Watch, Water Wise* forum on April 9, four expert speakers delved into the key issues on the water front. Presented by the New Edinburgh Committee on the Environment, the forum offered a global, regional and local perspective on water concerns, with practical advice for residents to apply in their own lives.

From climate change impacts to the effects of sewer overflows, the speakers offered insights and advice on how we can better manage and protect our vital water resources.

Climate change and floods

The impact of climate change will cause serious problems for water resources, according to **Dr. Jim Bruce**, a Canadian expert on the topic and one of the founding representatives on the Intergovernmental Panel on Climate Change, whose reports provide a definitive scientific view on the state of climate change.

There has been a general warming trend since the 1970s, said Dr. Bruce. With higher air and water temperatures, there is more evaporation resulting in changes to precipitation, he noted. Among other

consequences of this situation, lake levels are down. There are exceptions to this trend, however, and flooding is often the consequence.

There are changes in the range of precipitation, explained Dr. Bruce. Some regions of Canada are experiencing more snow and less ice. In terms of rain, we are experiencing downpours and an increase in intense storms. Insurance claims for water damage now exceed fire or car claims in Canada, as a result of flooded basements, Dr. Bruce has learned.

With flash floods, come health hazards. Overflows of storm sewer systems into our rivers can spread toxic contaminants, said Dr. Bruce. It was such a situation that triggered the Walkerton tragedy, as e-coli from an animal feed lot entered the groundwater that was the source of the community's drinking water. The Great Lakes are showing renewed signs of pollution. The higher surface temperatures combined with nutrients washed into lakes by heavy rain events are causing a serious threat to the nearshore zone around the lakes that constitutes the biological foundation for all life in the system.

Protecting and managing the Rideau Valley

Closer to home, the **Rideau**

Valley Conservation Authority is responsible for flood forecasting and warning, explained **Dell Hallett**, the General Manager of the RVCA, which is a provincially funded organization. With a budget of \$9.3 million annually, and a staff of 60, the RVCA delivers a range of programs in watershed management and natural resource conservation.

The RCVA's mission is to undertake environmental protection programs today that will leave a legacy of clean water, natural shorelines and sustainable land use for future generations. Protecting water resources from contamination and mis-use is high on its list of priorities.

Tree planting supports source water protection (and it is a practical way to absorb greenhouse gas emissions and produce oxygen). A forest cover of 25%-30% is needed to sustain diversity, and the RVCA is involved in planting a lot of trees; it has just planted its 4 millionth tree, said Hallett.

Wetlands are important for flood control, noted Hallett. Water courses need a 30 metre vegetated buffer. Shoreline vegetation helps to filter runoff, removing harmful chemicals and nutrients. A vegetated buffer also protects the lake edges from erosion and provides a natural habitat for species in the ecosystem. All of these elements can affect the water quality.

Among the programs that RVCA operate in the City of Ottawa is City Stream Watch, a volunteer-based program that attracted 216 volunteers last year to focus on 4-5 streams. This year the focus will be on three streams or creeks with activities such as stream assessment, fish community sampling and cleanup, plant-



Photo: Courtesy of Portland Bureau of Environmental Services Biovales, such as these in Portland, Oregon, are one way of managing storm water in an urban neighbourhood.

ing, sampling/identification sessions and invasive species removal.

The Watchdog's role - Ottawa Riverkeeper

Here is some free advice: Don't swim in the Ottawa River after it rains. That's when there is the risk that untreated sewage will overflow directly into our rivers. "It is amazing the amount of sewage going into our rivers," said **Meredith Brown**, the Riverkeeper for the Ottawa River.

The Ottawa River is the largest tributary of the St. Lawrence. It is the St. Lawrence and the Great Lakes that together form the largest freshwater resource in the world (by total surface and volume).

Ottawa Riverkeeper is an independent charitable organization working to protect our rights to swim, drink, and fish in our rivers. It is a member of the Waterkeeper Alliance, started by Robert F. Kennedy, Jr. who worked to protect the Hudson River in New York State. The Ottawa River is highly regulated. It has 50 major dams and there is a push for small hydro-electric power,

said Brown. The Chalk River nuclear facility is on the banks of the Ottawa River, with amounts of tritium (a form of radioactive hydrogen) released into the river.

The public voice is really important, said Brown. She cited the overflows of raw sewage into the river as one instance where Ottawa Riverkeeper's repeated reporting of the occurrences prompted the City to pay attention. [Combined sewer (both sanitary and storm sewer) overflows may be legal due to a large rain event, so there is typically no reporting to the public.]

Ottawa Riverkeeper gets the community involved. It urges elected officials to look at advanced treatment technologies. It offers an open hotline for people to call with concerns. "We need collective action," said Brown. In addition, she offered some advice for us on the home front.

What you can do in your own life and home to protect our water:

- Avoid road salt during winter. Road salt contains toxins that get into our water and they

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never leave.

- Reduce the amount of pavement around your home (e.g. paving stones, inter-locking bricks) which do not allow for water to absorb.

- Get a rain barrel to capture water -- and keep it from adding to potential overflow in the sewers, and enjoy a free source of water for gardening.

- Remember that everything flushed in your home may go into the river; don't flush paints, pharmaceuticals and toxic chemicals down your drains. Dispose of them and batteries safely.

- Keep in mind that wastewater systems and water filtration plants are not designed to remove certain toxins.

Neighbourhood challenge: how best to celebrate watersheds and educate ourselves?

Among its many experts in a range of fields, New Edinburgh is home to Rick Findlay, a water policy expert.

Until July 2008, Findlay was Director of the Water Programme at Pollution Probe for 10 years. He is Vice-Chair of the Board of Directors of the Canadian Water Network, a Canadian Network Centre of Excellence at present. His past experience includes leading a climate change team at Environment Canada.

Back in 1998, before the Walkerton tragedy, Findlay was involved in organizing a drinking water conference.

"Watersheds are the ultimate source of our water and they need protection; we all live in a watershed," said Findlay.

Source water protection, water management and now stewardship are all means to address the watershed. Findlay's concern extends even to the neighbourhood level.

Rooftops to Rivers, an initiative that is described online (available at <http://www.nrdc.org/water/pollution/rooftops/rooftops.pdf>), is about looking for solutions to better managing water in neighbourhoods, said Findlay. There are great examples on how to address the growing problem of urban stormwater. See the photos of how cities can "streetscape" to infiltrate and treat stormwater runoff.

Findlay wants to stimulate a conversation within our neighbourhood. One idea is to establish a centre called *Canada and its Watersheds*, ideally imagined to be located at 50 Sussex Drive (formerly home to the Canada and the World pavilion) at the juncture of the Ottawa and Rideau Rivers, at Rideau Falls.

"Think about where we live and what we could do here, in New Edinburgh that is imaginative," said Findlay. Ideally, it would be both an educative and practical initiative, that would also celebrate the fact that our community has the rare privilege of living at the conjunction of three key, historically significant Canadian watersheds; the Rideau, the Ottawa and the Gatineau.

So, residents of New Edinburgh, get in touch with the Environment Committee and let us know your ideas...Email us at: neca.enviro@gmail.com.

NECA and IODE Join Forces to Celebrate Heritage in New Edinburgh

Take a closer look—inside and out—at New Edinburgh Saturday, June 11, 2011

The New Edinburgh Community Alliance and the IODE Laurentian Chapter —two institutions with deep roots in the Ottawa community—are joining forces on Saturday, June 11 to celebrate two heritage anniversaries.

The first is the tenth anniversary of the designation of the oldest part of New Edinburgh, founded 1832, as a Heritage Conservation District; the second is the 50th anniversary of the annual House and Garden Tour of IODE Laurentian Chapter.

The Chapter, which was founded in 1906, has been raising money for the good of the community for over a century and has long been headquar-

tered in New Edinburgh.

As well as walking tours of the neighbourhood and entry into **five stunning houses** dat-

Walk Retirement Home at 150 Stanley Avenue. Also, artist **Gordon Harrison** will host an Open House at his Studio at 81 John Street.

Cake-cutting: Her Excellency Mrs. Sharon Johnston, wife of the Governor General, will cut the two anniversary cakes at **St. Bartholomew's Church**, 125 Mackay Street, at 2 pm.

Walking tours: No booking required for a short exploration of the neighbourhood with knowledgeable guides. Meet at St. Bartholomew's Church, **June 11 at 10:30 am or 12:30 pm**. Bonus gift: copy of a self-guided brochure, the New Edinburgh Heritage Tour, so that you can continue to explore on your own.

House tours: Call 613-842-5304 or visit the Laurentian website at <http://laurentian.iode.ca> for information on ticket outlets or to book online.



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| Travel Talk | When | Location |
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Ottawa City Councillor Peter Clark Reports

Crichton Cultural Community Centre

As you are likely aware, the building at 200 Crichton Street is presently the subject of a judicial sale. In short, the court has ordered that the Crichton Cultural Community Centre be provided with the opportunity to exercise its first right of refusal to purchase the building between May 30 and June 30, 2011.

I wanted to let you know my intention of seeking City Council support on Crichton Cultural Community Centre's attempts to purchase the building at 200 Crichton Street. I expect to do so on or about June 8th, 2011. As such, I will provide an update once the issue has been considered by City Council.

The Fire on Beechwood

Like most of us, I frequently shopped at the hardware and other merchants. The emergency services did a great job of containing the fire and making sure the human impacts were minimized. The site cleanup

is underway. Details of the cause will be the subject of the Ontario Fire Marshall's report.

Thanks go to NECA and the Overbrook Forbes Community Resource Centre for their immediate offers to assist. All of the residents found alternative accommodations, one having to be put up in a hotel.

To defer costs from the residents, a very successful fundraiser was held in the New Edinburgh Pub on March 26th and raised over \$20,000. If you wish to donate you can still do so. You can drop it off at the Bank of Montreal on Beechwood. Cheques should be made out to CCCC – and note that the funds are intended for the victims of the Beechwood Fire.

Where now? The zoning is "Traditional Main Street", which is for storefront along the frontage. The owners are hopeful that the tenants will return and that the project can be targeted to start in May. I am committed to try to have the staff collaborate to reach this goal.

City Proposes Bike Lanes Along Beechwood Ave and Hemlock Road

By Gina Watson

A proposed bike lane along Beechwood Avenue and Hemlock Road from Marier Avenue to St. Laurent Boulevard would provide a safe and convenient route for cyclists along this busy stretch of road; however some residents are concerned about losing access to parking.

Bike lanes would be added along both sides of the road according to the approved *City of Ottawa Cycling Plan* of 2008. It is the primary cycling route from the north-east of the city to the downtown core. Parking demand surveys have shown relatively low on-street parking demand on Hemlock Road.

"This is one of our highest priority projects," says **Zlatko Krstulich** of the Planning and Growth Management Branch of the City of Ottawa. "It is a very important cycling route and we are keen to go ahead with it."

New Edinburgh cyclists are delighted with the prospect.

"Having recently biked Hemlock (taking my daughter from our home in New Edinburgh to Manor Park playground) I wholeheartedly support bike lanes along this stretch. As I was pedalling along on a Saturday afternoon, cars and an OC Transpo

bus (particularly unnerving) whizzed by kicking up dust and debris making me feel very unsafe. Unfortunately, since it was early in the season the back roads route was too steep, particularly since I was pulling 60+ pounds of kid in a pull-behind carrier," says New Edinburgh resident **Cindy Parkanyi**.

Hemlock because it is dangerous. When I cycle through Manor Park, I take the back roads. For all the commuters on Hemlock this would be a great investment."

However, there are some concerns about the proposed bike route. Residents along Hemlock have expressed concern about losing parking along the street.

According to the bike lane proposal, on-street parking would be prohibited on both sides of the street along the stretch of Beechwood Avenue and Hemlock Road between Marier Avenue and St. Laurent Boulevard.

Jeff Thiessen, Chair of the Manor Park Community Association Traffic Calming Committee indicated that, "Generally we support the idea of the cycling lane, but we also need to look at addressing speed issues and parking for residents along Hemlock." He indicated they will be meeting with the city to discuss these issues. In addition, they will undertake a traffic calming study for the whole neighbourhood.

"There is often a trade-off between parking and cycle lanes. It is a challenge we face with these projects. We will work with the community to look for a solution," says Mr. Krstulich.



Proposed bike lanes on Beechwood and Hemlock are part of a larger Ottawa Cycling Plan (http://ottawa.ca/residents/onthemove/cycling/plan_2008_en.pdf).

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MPP Ottawa-Vanier Madeleine Meilleur Reports

Our Healthcare System

Ontario is turning the corner to a better tomorrow. The economy is improving and jobs are coming back.

And our government is renewing its focus on eliminating the deficit while protecting education and health care.

As part of the 2011 Ontario budget, our government will be investing \$15 million over the next three years to provide about 90,000 more breast screening exams.

Detecting and treating breast cancer at the earliest possible stage is critical. Breast cancer is the most frequently diag-

nosed type of cancer among Ontario women and is the second-leading cause of cancer deaths.

Currently, women under the age of 50 can only access mammography services with a referral from your doctor or a nurse practitioner. An expanded screening program is needed so that younger women at high risk can also benefit from the high-quality assessment services and follow-ups provided through the Ontario Breast Screening Program.

The McGuinty Government is also investing in a comprehensive Mental Health and

Addictions Strategy, starting with children and youth. Mental health problems often begin at a young age, and the system of supports must be more integrated and responsive to the needs of children and youth.

Also, beginning in April 2011, more pharmacy services and support will be available to people covered under the Ontario Drug Benefit Program, including seniors. The Ontario government will fund and support pharmacies offering a range of services including prescription follow-up consultations, medication assessment for patients with chronic diseases, and training on how to operate home diagnostic devices such as glucose monitors and blood pressure monitoring kits. This investment builds on the successful MedsCheck program.

Our government knows that a strong economy creates jobs and protects education and healthcare. Strong education and healthcare systems, in turn, strengthen the economy.

That is why the McGuinty government remains committed to ensuring that Ontarians receive the best healthcare they can for their dollar. Because a strong, vital economy means a brighter future for all Ontarians.

For more information on the Ontario government's investment in healthcare, contact my constituency office at 613-744-4484.

From the Desk of Mayor Jim Watson



I would like to take the opportunity this month to talk about some of the important improvements we are taking to help our senior citizens community in Ottawa.

As you know, our populations are ageing and governments everywhere need to adapt in order to reflect these changes. The senior's population right here in Ottawa will double between now and 2031. The average lifespan is constantly being extended thanks to scientific innovation and improved medical care.

With these thoughts in mind, I am very proud to say this City Council is taking a number of steps to make life for seniors a little bit easier:

- Prior to the budget, OC Transpo had been offering free Wednesdays for seniors and this was a very popular service. In this year's budget, we have extended free OC Transpo for seniors to Monday and Friday afternoons as well. The feedback we have received is very positive, and I am happy to hear the senior's community in Ottawa is enjoying the new service.

- Another step we are taking is to invest \$8 million in funding to make Ottawa more accessible. The infrastructure

and services of our city must be friendly and accommodating for our senior's population, and I am very happy that this council is moving forward to make this a reality.

• I am also pleased to say that within the year we will host a Seniors Summit. I intend for this to be a productive opportunity to address a number of challenges and opportunities facing our growing community of senior citizens. We will bring in experts and every day residents alike to develop strategies and policies that will enhance and improve the quality of life for our senior's population.

As our population ages, we are also living longer. Senior's have so much to contribute to our community; from tutoring and mentoring young people and the application of other skills, seniors are going to play an even bigger role in our society.

It is very important to me that the City addresses the specific challenges and opportunities associated with an ageing population. I am pleased of the steps I have outlined above, and I look forward to suggestions and ideas from the senior's community now and at our Seniors Summit.

NecoE Shows Support for Bike Lane Proposal

May 5, 2011

Dear Mr. Krstulich,
On behalf of the New Edinburg Committee on the Environment (NecoE), I am pleased to indicate our support for the proposal for bicycle lanes on Hemlock Avenue. Hemlock becomes Beechwood Avenue as it wends its way westward, and Beechwood is the main shopping and business district along the southern edge of New Edinburg.

For bicycling to be safe and efficient in our community, bicycle lanes on main thoroughfares such as Hemlock are essential. The designated area is an excellent choice for the bicycle lanes, given the absence of businesses and the lack of demand for parking. In addition, one can expect that bicycle lanes will encourage

people to choose bicycling over vehicular transportation, which is a huge source of greenhouse gas emissions in our city and environment.

NecoE seeks to improve the environmental quality within the New Edinburg community toward a more sustainable future. Among our goals is to help residents achieve a more environmentally friendly lifestyle.

The addition of bicycle lanes on Hemlock would support these goals and is enthusiastically support by our committee.

Yours truly,
Sarah Anson-Cartwright
Chair, New Edinburg Committee on the Environment (NecoE), a committee of New Edinburg Community Alliance (NECA)

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After the Fire...

Continued from page 1

Gone and When Are They Coming Back?!

Perhaps the most important question on the minds of area residents is the future of the merchants displaced by the fire. The good news is that as things now stand, the majority are hoping to return as soon as the restoration and rebuild process permits, though in some cases, they are expected to move into slightly different locations. The not-so-good news is that some of these business operators face a very tough struggle due to the continuing uncertainty about the timing and exact configuration of the new development. Indeed, their own ability to survive an extended hiatus without a source of livelihood is worrisome.

It's increasingly clear that a prolonged delay in the rebuild and restoration would be extremely hard on the entire Beechwood community, not only those merchants who face an uncertain future, but also those that survived the fire and whose businesses have suffered in the aftermath due to a greatly reduced influx of regular clients to the area. NECA is committed to taking what-

ever action it can to support the continuing progress of this vitally important project in our community, so keep an eye on the website (www.newedinburgh.ca) to get the latest news and to find out when help is needed.

New Mackay Street Food Market?

One of the most intriguing plans on the drawing board as we went to press is the possible creation of a cluster of our favourite food emporia along Mackay Street, with **Epicuria** in its existing quarters, flanked by **Nature's Buzz**, **Bread and Roses Bakery** and **Piccolo Grande**. (Guess you could call that a perfectly balanced Food Group!)

Epicuria: Take Out Meals are Back!

After more than a month in the Carling Avenue kitchen of their friends at **Ishina Distinguished Indian Cuisine**, the **Epicuria** team has recently re-established itself in temporary quarters at **101D-112 Nelson Street in Sandy Hill**, and is now offering its full compliment of catering services. For readers addicted to Epicuria's marvellous Take-Out dishes, help is on the way. Beginning in late May, owner **Tracey Black** launched a limited menu of Take Out options for pick up at the Nelson Street kitchen, including soups, quiches, a few main courses, two salads, several frozen meals and a number of Epicuria's signature dips and spreads. You can check out

the website for menu details and pick-up times (www.epicurica.ca) and place your order by e-mail to kitchen@epicurica.ca or phone **(613-745-7356)**. Orders should be placed by noon on the day before pick-up, and paid for in advance by credit card.

Interior Design Help Wanted!

As anyone passing by the site can readily see, Epicuria's former premises have been stripped down to the studs and will have to be completely rebuilt in the next few months. Tracey is making a virtue of necessity by considering new layouts for both the store and the kitchen areas, as well as a major rearrangement of the basement area. **She would welcome the help of an experienced Interior Designer** to ensure that the rebuild makes the most efficient possible use of the space, so if you have the skills required, or if you know someone who does, please contact Tracey directly at tracey@epicurica.ca.

Bread and Roses Bakery

Bread and Roses' existing store on Beechwood is expected to be demolished, along with **Hamie's Diner**, to clear the way for the new development. Bakery owner **Chris Green** is cautiously optimistic about his impending move around the corner on to Mackay Street, (into the former home of **Upward Dog Yoga**), particularly given the prospect of sharing that block with other complementary food suppliers.

Clearly, however, the reloca-

tion is not without some regrets for Chris, as he had worked extremely hard to upgrade his Beechwood shop and to build up his business through renovations to the premises, continuous product diversification in both sweet and savoury lines, and even extended hours to accommodate busy schedules. And let's face it: moving is never a pleasure, however attractive the destination! On the upside, however, the new Mackay Street bakery is expected to be larger, with room for an expanded production area, and the anticipated improvements in insulation, heating and air conditioning facilities will be most welcome to Chris and to all his employees and clients!

Nature's Buzz

At the time of writing, **Nancy Philips** of Nature's Buzz reports that after discussions with the landlord, she is optimistic that the store will be able to relocate to Mackay Street, but is awaiting confirmation when redesign plans for the block are firmed up in the next few weeks. If all goes well, Nature's Buzz could be back in operation as part of a new Mackay Street Food Market by late summer or early fall, so its regular clientele can breathe a cautious sigh of relief. We look forward to the return of **Nancy**, **Eric** and **Chelsea** to keep us supplied with our organic veggies, fruit, meats, dairy products and other healthy provisions.

Piccolo Grande

We gather that Piccolo Grande operators **Muhammed** and **Kauser Yusufali** are also eager to be back in action in their Mackay Street store as soon as possible. Piccolo Grande has been a fixture in this location for nearly two decades, and given the seasonal nature of its business, with Gelato-on-the-Patio season fast approaching, the Yusufalis are fervently hoping that the restoration of their premises can be completed before the end of summer.

Beechwood Home Hardware

Beechwood Home Hardware is greatly missed in the community, particularly as we launch into our summer routines in the garden, and begin to tackle the home repairs and renovations we have successfully put off through the winter months. While **Marc** and **Isabelle** are eager to return to Beechwood to reconnect with their many loyal clients and to resume normal operations, they remain concerned about the timing of the redevelopment, which they fear may exceed the limit of their business interruption

insurance which extends for only one year. Beyond that point, they will have to consider other options, though we're happy to say that they appear to be committed to remaining in the general area.

While Marc had initially set up a limited phone ordering service following the fire, in the end the logistics proved too complicated, so for the moment, the service has been suspended. However, clients are still welcome to call the familiar Home Hardware number at **613-749-5959** between 9 am and 3 pm on weekdays to inquire about specific products, and Marc and his team will follow up by locating the items in question and redirecting you to another store where the product is in stock.

It has been (and continues to be) a painfully difficult juggling act for Marc and Isabelle as they await more information on the Beechwood rebuilding schedule as a basis for planning their next move, and ensuring the financial security of their young family. We wish them the very best, and can only hope that they are able soon to re-establish their business somewhere in our community, if not on Beechwood itself. Marc reports that they are greatly missing their clients during the hiatus, and I think I speak for us all in saying that the feeling is mutual!

Lawn Mower Need Sharpening?

If you happen to be among the many households that relied on Beechwood Home Hardware to get your lawn mower, garden shears or other tools sharpened in the course of the summer, you can deal directly with Marc's regular sharpening service which will come right to your door and do the job on site while you wait. **JC's Mobile Sharpening Service** can be reached at **613-234-6604**. There is a minimum charge of \$20, so if your mower alone falls below that threshold, you may be able to throw in another blunt or rusty instrument that needs attention.

Time Sharpening

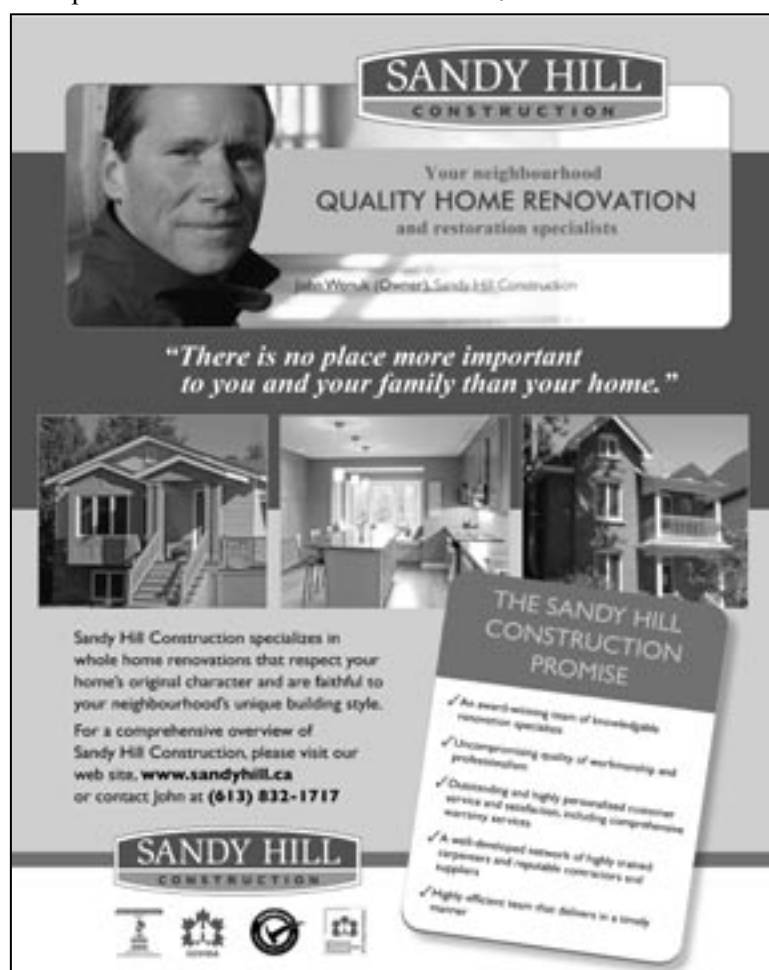
The many readers who have expressed concern about **Ashkan Zandi**, the owner of Time Sharpening, will be delighted to know that Ashkan has found a new location at **347 St. Laurent Blvd. in the Rockcliffe Crossing** (directly beside the Drivers and Vehicles Licensing Bureau), and if all goes as planned, he expects to be up and running again by early June. At the time of our conversation, Ashkan had not yet decided on a name for



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his new store, but one way or another, he will soon be back in the business of jewellery and watch repair, and looks forward to reconnecting with his many regular clients.

As most readers know, at the time of the fire Ashkan lost an invaluable collection of specialized tools, parts and watches, accumulated over the many years of his career. He is only slowly rebuilding that collection as he launches his new business. If you happen to have an unused watch you are willing to part with, Ashkan would be most grateful to receive it to add to his depleted supply of parts. You can reach him at **613-862-8463** or by email at ashkanottawa@gmail.com or timesharpening@rogers.com. Better still, drop by the store in the Rockcliffe Crossing and wish him well in his new location! Best of luck Ashkan: we're sorry not to have you back on Beechwood, but delighted that you'll still be close by.

UPS Store

We are also happy to report that UPS Store operator **Evan Lee** is making plans to return to Beechwood as soon as the restoration of his premises is completed. At this point, the timetable for completion of the job remains uncertain, but as you can see when you pass by the building, the interior has been completely gutted in the UPS area, and the rebuilding process may take some time. In the interim, Evan is still available to do printing and shipping jobs, and interested clients are welcome to contact him by email at store292@theupsstore.ca. For the next six months, mail box and UPS deliveries destined for the Beechwood store are being re-routed to the nearby UPS Store at **532 Montreal Road (613-747-9353)**.

Parker Cleaners

Another familiar face that has been sorely missed since the Beechwood fire is **Huong Lam** of Parker Cleaners and Alterations. Her many regular customers will be happy to learn that Huong is starting afresh not far up the street at **Brown's Cleaners at 71 Beechwood (613-748-5016)** where she has resumed her work at the sewing machine, and is available from 9:00 am to 3:00 pm on weekdays. Faithful client Sarah Baxter reports that "it has obviously been a very difficult time for (Huong), having to start over after growing her business for the last 20 years, but she still greeted me...with her usual kindness, efficiency, professionalism and smile." We wish Huong well, and have no doubt

that her many friends and loyal clients in the community will find their way to her new location, not far up the street at 71 Beechwood.

Lester Clark: On the Move Again

As the majority of his many friends and clients now know (to their sorrow!), our legendary neighbourhood barber **Lester Clark** has made the fateful decision to retire after 32 years in the business on Beechwood, and will not be returning to the fold when the new development is up and running. It goes without saying that Lester will be greatly missed in our community where he was a cheerful and generous friend to all, but he leaves as his legacy his trademark bench which he donated for auction in support of the Beechwood tenants left homeless by the fire, and which fetched a handsome price from winning bidder **Frank Tonon** of the **New Edinburgh Pharmacy**.

The good news is that Lester and his wife **Shabnam** look forward to an exciting adventure beginning this Fall, when they hope to set out on a mission with the Baha'i Church in either New Delhi, India or Haifa, Israel. Some readers may remember Lester's splendid first hand accounts to the NEN of his last excursion working at the Baha'i Temple in New Delhi several years ago, and we are hopeful that he may once again be persuaded to report on his travels later this year. Wherever you go, Lester, our thoughts and thanks will be with you, and we wish you all the happiness you deserve in your retirement.

Needless to say, Lester's departure did nothing to curtail the steady growth of his clients' hair, and to the relief of many, his former assistant barber **Kelly Riley** swiftly stepped in to take over the business in a new location at **296 St. Patrick Street**. A full report on **Kelly's Barber Shop** is provided in the regular Business

Briefs column.

Hamie's Diner

Lester's longtime neighbour **Hamie Saikaley** of Hamie's Diner is still bravely carrying on his business despite the dramatic change in the commercial landscape since the fire. He is distressed by the many uncertainties which continue to cloud the picture, and in particular, the timing of the two major construction projects on Mackay and Beechwood. While Hamie's premises, along with Bread and Roses Bakery, have been slated for demolition to make way for the new development on Beechwood, at the time of our interview, no firm arrangements had yet been reached on the timing and terms of his departure.

In the meantime, Hamie confesses to being a little discouraged by a recent decline in his business, and in particular, the disappearance of a number of his formerly regular clients, despite an initial outpouring of support at the time of the Pub fundraiser. As for his future post-Beechwood, Hamie has no immediate plans to retire (not an option with two kids still at university and a soaring cost of living!), but he has made a firm decision not to launch another business of his own.

Cooperators Insurance

Despite numerous attempts, we have not been able to speak with **Mike Pytura** of Cooperators Insurance to determine his plans following the restoration on Mackay Street, but understand that clients are able to reach him through the Cooperators Office at **354 Montreal Road (Montreal and St. Laurent), 613-744-7190**.

The Tenants:

As most readers know, on Saturday, March 26, just days after the fire, **Paul and Tracey Williams** of the **New Edinburgh Pub** kicked off a spectacularly successful fundraising effort to help out the tenants displaced or left

homeless by the fire. The Pub fundraiser raised over \$20,000, and there have since been further generous donations from **BMO Bank of Montreal**, the New Edinburgh-based **IODE Laurentian Chapter**, the **Clocktower Brew Pub**, numerous individual residents of the area, and most recently, our re-elected Member of Parliament **Mauril Bélanger**, whose successful weight loss crusade (which peeled off a creditable 22 pounds in the course of the election campaign) raised a total of roughly \$8,500 for victims of the fire.

A **Disbursement Committee** representing groups and businesses throughout the area, and co-ordinated by the Crichton Cultural Community Centre, has been working steadily to allocate the funds to meet the immediate needs of the tenants affected by the fire. It will be providing ongoing assistance in the coming weeks as the individuals and families gradually get re-established in new accommodation, and are able to take stock of their continuing requirements. Many thanks to all those who have offered assistance since the fire, and to those participating on the Committee who are doing their best to ensure that the donated funds are put to good use helping the tenants to rebuild their lives.

Cause of the Fire

Following a fruitless attempt to contact the Office of the Ontario Fire Marshall to inquire about a final report on the cause of the fire, we discovered that the provincial body

had in fact dropped its investigation, leaving the follow up in the hands of Ottawa Fire Services. Thanks to Madeleine Meilleur's enterprising assistant Therèse, we discovered that the Ontario Fire Marshall's withdrawal from the case was a result of the fact that the fire was witnessed, combined with the fact that the area was a total burn and that arson was not suspected.

Ottawa Fire Services Chief Steve Armstrong reports that there have been many inquiries about the cause of the fire from our community, (no doubt from a number of our interested readers), but that in the end, his investigators were unable to pinpoint the exact cause of the fire because of the wholesale destruction of the premises. What does appear to be clear is that the fire was accidental, and as we all now know, started in the basement of Beechwood Home Hardware.

Stay Informed and Buy Local!

During the NEN's publication hiatus in the course of the summer, we will continue to post updated news on developments on Beechwood on the community website at www.newedinburgh.ca, so please stay informed about the project, find out when and how you can help, and above all, **keep shopping on Beechwood** throughout the construction phase to support the businesses that remain. They are the heart of our community: let's do all that we can to keep it beating!

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A Community-Based Approach

Carbon Footprint Results Show Which Reductions Matter

Six households in New Edinburgh participated in 2010 in a carbon footprint study funded by Canada Mortgage and Housing Corporation. They were part of a group of 50 households from the neighbourhoods of Lindenlea, Manor Park/Cardinal Glen, New Edinburgh, Rockcliffe Park, Vanier/Lowertown, and Alta Vista. With the assistance of local community environmental groups, such as the New Edinburgh Committee on the Environment, and architectural firm Jane Thompson Architect, these families have calculated their environmental footprints, attended forums, and received e-mail tips on ways to live more sustainably.

The following article describes some of the things we have learned so far from these families. If you are interested in discovering how your own household compares, go to the City of Ottawa website's Zerofootprint calculator and spend half an hour to calculate your personal carbon footprint number.

By Jane Thompson

Household activity contributes a large proportion of the total annual carbon emissions produced in Canada, estimated at 46%. Household carbon footprint is a measure of the greenhouse gas emissions produced from home heating and cooling, electricity, water use, local and overseas transportation, waste, and food. In this study, carbon footprints results are being used to help answer questions such as:

- How do footprint values vary between households, and between different neighbourhoods, housing types and demographic groups?
- What are the individual household components that most affect total carbon footprint values, and what can we do to reduce these?
- How effective is a community-based approach in reducing the environmental footprints of

individual households?

The chart below compares the footprint results of all the participating households, colour coded by neighbourhood, with New Edinburgh values outlined in black. How did the New Edinburgh households fare? Overall very well, with a neighbourhood average in the mid-range, despite having the highest individual value recorded.

Figure 1 - Zerofootprint Results: Range of values among study participants (including all components)

There are a number of other observations we can make from this chart. Most obvious is the huge variety of carbon emissions that exist between different households, with individual values ranging from about 3 tonnes to 30 tonnes! The concept of an average Canadian producing 10-12 tonnes of carbon annually is not necessarily

representative of the majority of us who produce either much more or much less. Somewhat surprisingly, the role of different neighbourhood types

on footprint values appears of little importance in the graph. Low, medium and high results are scattered quite randomly between the six neighbourhoods that we had chosen as representatives of very different residential densities, planning styles, access to amenities, housing types and income levels.

A very positive conclusion can be drawn from these observations. Our individual impact is not determined to any great extent by where we live or the type of house we live in, as much as by how we choose to live – by actions we can all take such as driving less or choosing a more efficient

vehicle or appliance, sealing up air leaks or adding insulation, eating food that is local, organic, or vegetarian, or simply by wasting less.

Figure 2 - Zerofootprint Results (total emissions excluding work): Distribution of footprint component averages – comparison between 2009 and 2010 footprint values

For both the high and low emission groups among the study participants, heating is the single biggest source of carbon emissions at 25% - 30% of the household total or 1.4 - 4.6 tonnes per person. Heating emissions are dependent on the amount of space to be heated per person,

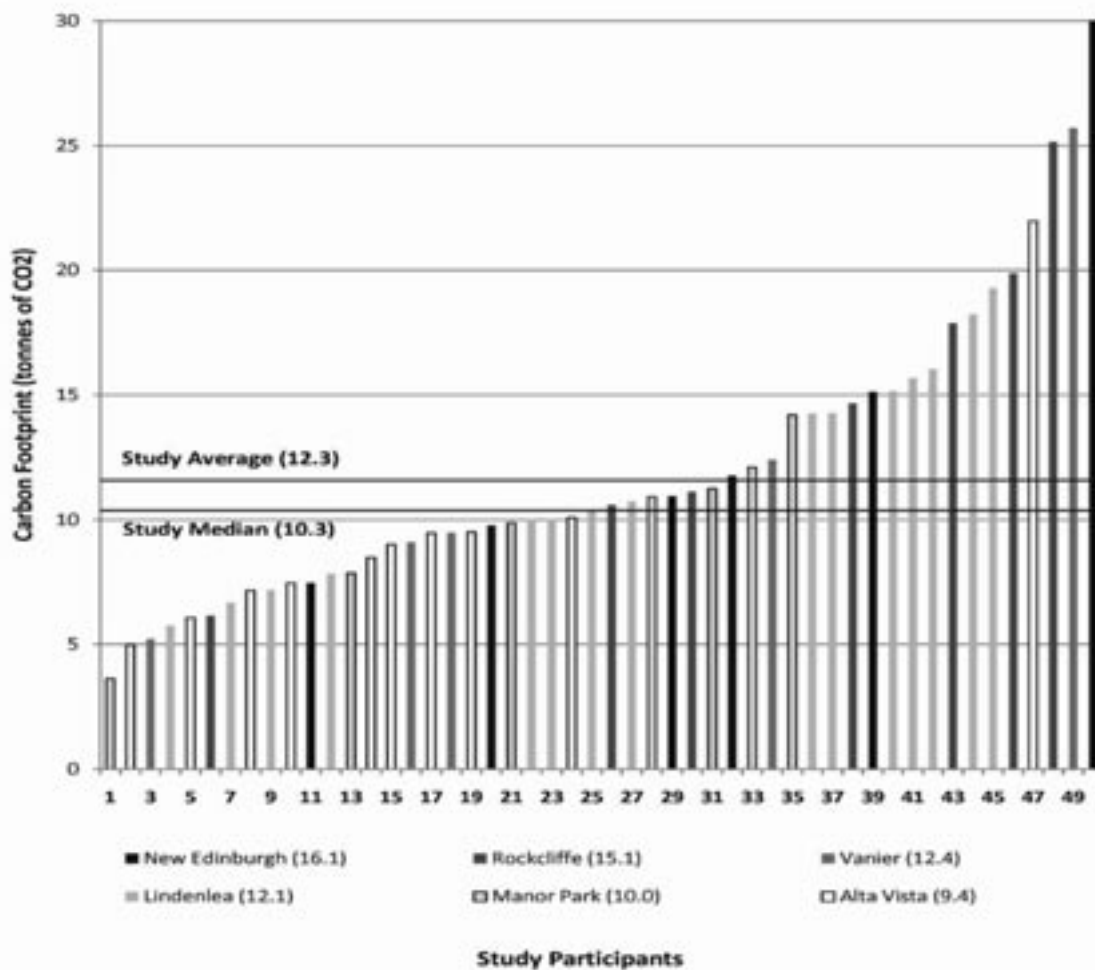


Figure 1.



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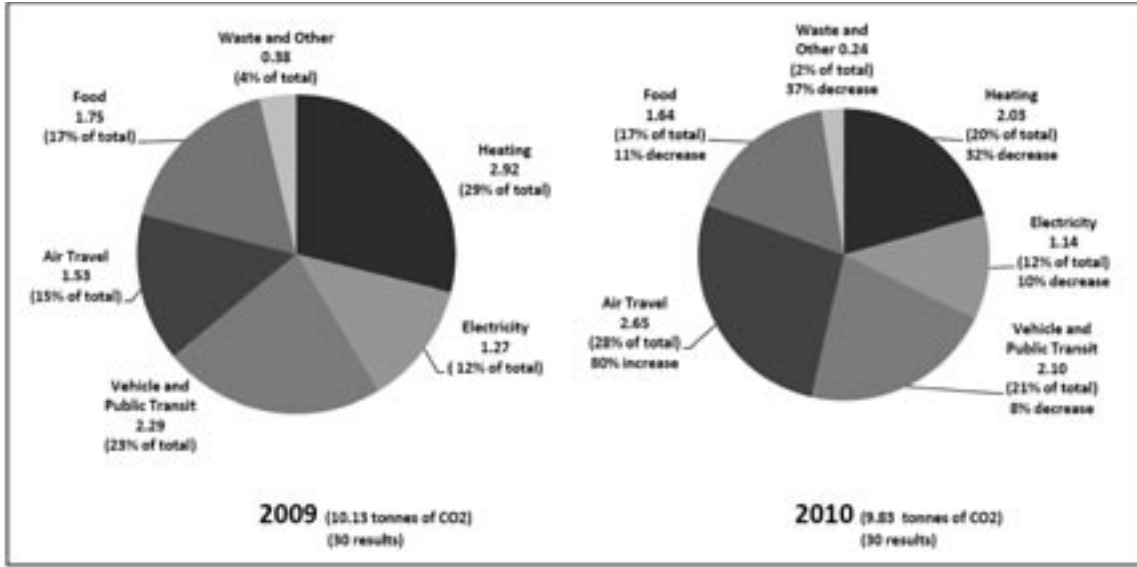


Figure 2.

heating type and equipment efficiency, insulation and air tightness of our homes, and thermostat settings. One of the easiest and most economical ways to reduce emissions and fuel costs is by sealing up the drafty spots so common in the older houses found in these neighbourhoods. It also makes our homes much more comfortable to live in.

Vehicle emissions are the next biggest factor for both groups at just under 25% of the total. When air travel is added, transportation emissions are responsible for about one third of the total. The difference between the average emissions for transportation of the low group at 1.6 tonnes, versus 5.6 tonnes for the high group, demonstrates how much scope there is to reduce in this area. Walking, biking, or taking public transportation whenever we can, choosing a fuel efficient car, carpooling, or combining trips can all make a very large difference. Air travel is a particularly carbon intensive way to get around, so opting to take the train or car, or to stay closer to home makes sense whenever we have a choice.

For the households with higher footprints, electricity and food are of about equal impact, with waste making up the smallest component of carbon footprint. For the low carbon footprint households, food takes on a much greater significance since the other components are already so low.

As part of the work of the study, the sample of 50 foot-

prints were analysed from a number of perspectives to try to determine which household factors made the biggest difference. Many of the expected characteristics from previous research had some bearing on the results. People who rated themselves as having a poor knowledge of environmental issues had slightly higher footprints than those who were more knowledgeable. Higher income neighbourhoods also had slightly higher footprints, and less dense neighbourhoods tended towards marginally higher footprints. Single family homes were on average somewhat more energy intensive than row houses or apartments. Newer homes performed better than older, except that the homes in this study built from 1940 to 1979 were worse than mid or pre-war housing. One person households on average had higher individual footprints than larger families. However, each of these differences were quite minor, in the range of 10%-25%.

The most consistent factor was house area per occupant. This makes sense when you consider that a bigger home has more air to heat and cool, more space to illuminate, more room to fill with stuff, often more yard to water and distance to travel between houses, and typically more household income to spend on driving, flights, and purchase of electronic devices. This relationship helps to explain the low footprints seen in Alta Vista where homes are generally

smaller and the average number of occupants higher than in the other neighbourhoods. The recent trend toward construction of ever larger homes as average family size decreases runs counter to the goal of reducing carbon footprints.

We appreciate the efforts these families have made, and hope they will serve as inspiration for all of us to think more carefully about how our own household actions affect the environment. If anyone is interested in learning more about the study, or interested in making changes to their household but are unsure where to start, please feel free to contact me for further information on resources available.

Jane Thompson Architect
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613-747-8104
jtarch@rogers.com



Stay Safe This Summer

By Constable Ryan Pierce

The warm weather is a great opportunity to get out and enjoy the outdoors after a long cold winter. It also presents new opportunities to keep yourself and your community safe.

Bicycle Safety: Studies have shown that wearing a helmet is one of the easiest ways to prevent injuries while enjoying a bike ride. In Ontario people less than 18 years of age are required by law to wear an approved helmet when cycling on a roadway or sidewalk. Fines can be levied against parents and guardians who knowingly allow their children to cycle without a helmet however the physical injuries that can be sustained as a result of even a minor collision or fall are much greater. Set an example and, like a seatbelt in a car, wear a helmet every time you go cycling.

Parks and Noise: Did you know that City of Ottawa parks have operating hours? Most City parks are closed to the public daily between 11pm and 5am. This By-Law attempts to prevent people from congregating and causing a disturbance for neighboring

residences during these hours. The Ottawa Police Service (OPS) and City of Ottawa By-Law Services Officers proactively patrol local parks to enforce this statute. To report incidents residents should call the City of Ottawa at 3-1-1.

OPS community police center volunteers will be out and about this summer season proactively reminding residents how to keep themselves safe. Don't be surprised if you find a ticket-type notice on your windshield with tips on preventing thefts from your vehicle. There is no fine to pay, but acting on the suggestions could save you time and money.

Have a safe and happy summer and as always if you would like to discuss any police related issues in your neighborhood or have an upcoming event that you believe would benefit from our involvement please contact me.

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BURGH BUSINESS BRIEFS

- By Jane Heintzman -

Bryson Farms

Bryson Farms' co-owner **Stuart Collins** is clearly committed to the view that the secret to success in building a successful enterprise lies in a continuous process of upgrading, innovation and diversification. Since it emerged as the Ottawa area's premier organic grower over a decade ago, Bryson has been steadily diversifying its vast repertoire of heirloom organic vegetables, and expanding its

industrial kitchen equipped for processing and freezing its fresh organic vegetables, including its mouth-watering sweet corn, broccoli and cauliflower, as well as batches of mixed veggies. The Farm also boasts its own new line of prepared foods, freshly made from its certified organic produce, and including such tempting options as roasted organic vegetable stew, vegetarian shepherd's pie, savoury squash pie,

scratch, Brysons' offers assurances that not only are its ingredients predominantly local, certified organic and farm fresh, but also their products contain no added salt, and are low fat, and virtually cholesterol free. And if you don't yet happen to be on Brysons' Home Delivery network which can deliver these products to your door, they're now available at several retail outlets, including the **Glebe Metro** at 754 Bank Street, **Thyme and Again Creative Catering** at 1255 Wellington Street, **The Piggy Market** at 400 Winston Avenue (just off Richmond Road in Westboro) and the **Chelsea Smokehouse**. (Check out the Bryson's website at www.brysonfarms.com for more details about the products or to find out about home delivery service).

The breaking news from Bryson is the recent opening of the **Parkdale Field House**, slated to become Ottawa's first year round indoor/outdoor market, and indeed the first operation of its kind anywhere in Ontario and Quebec. After the old Parkdale Market had undergone a major facelift and overhaul last year, the City of Ottawa awarded 10 Savour Ottawa-verified local producers, chosen from a much larger pool in a competitive bidding process, the right to operate in the new Field House for the 2011/2012 season, and to engage in a pilot project to



Photo: Louise Imbeault

The Mood Moss team: (left to right) Buffy Main, Eric Cardinal (owner), Renée Richer and Tammy Albert.

test the model of an all season indoor/outdoor market for local producers.

The Grand Opening of the Field House took place on May 7 and Brysons is now ensconced there with its partners offering a cornucopia of local products ranging from its own organic veggies and prepared foods, to beef, lamb, elk, wild boar, red deer, mushrooms, goat and cow cheeses, maple syrup, honey, apples, jams, eggs, berries (in season) and ice cream. Many of Brysons' co-participants will be familiar names to our readers who have worked hard to cultivate a habit of buying local. These include Beking's Poultry Farm; Champignons Le Coprin; Halls Apple Market; Halsall's Honey; Fromagerie Les Folies Bergères and Pascale's Ice Cream.

If you're intrigued by the idea of a one-stop shop where you can stock up with locally-produced supplies without having to endure the rigours of a giant supermarket, check out the new Field House at

the Parkdale Market, and be sure to visit the Brysons' team while you're at it. Stuart reports that the vendors will be offering free samples of their wares, so a casual visit could well morph into a well-balanced meal! The Field House will be open from **8:00 am to 5:00 pm Thursday through Sunday until Thanksgiving**, and thereafter, the schedule for the winter months remains to be decided.

Mood Moss Flowers

Since its opening at 186 Beechwood in August, 2004, Mood Moss Flowers has established itself as a leading florist; not only in our community and environs, but throughout the Ottawa/Gatineau area, with clients ranging from Kanata and Stittsville in the west, to Manotick in the south and Orleans in the east. Owner/operator **Eric Cardinal** was initially uncertain about his location at the outer edge of Beechwood Village, but after briefly exploring the possibility of a move closer to the



Bryson Farms: (left to right) co-owner Stuart Collins, Mayor Jim Watson and the Bryson crew on the opening day of the Parkdale Field House.

broad network of residential, commercial and institutional clients in the National Capital region. Its produce remains a staple of gourmet restaurants and upscale catering operations all over Ottawa, and the abundantly-stocked Brysons' stall has for many years been a pillar of the Parkdale Market (at Parkdale and Wellington) every summer.

Brysons' most recent project has been the creation of a new

vegetable soup and curried roasted winter squash soup. As Canada's largest producer of certified organic heirloom tomatoes, it's not surprising that Bryson's has also recently added such delicacies as heirloom tomato marinara sauce and heirloom tomato tarts to its menu of prepared foods.

If you're wary of prepared foods as a less healthy alternative to meals made from



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core, astutely arrived at the conclusion that his current spot at Beechwood and Marier is in fact uniquely well positioned to serve not only New Edinburgh, but also Rockcliffe Park, Lindenlea, Manor Park and Vanier. So, happily for us all, Mood Moss is staying put, and Eric has just renewed his lease to 2016.

Among the secrets to Mood Moss' success in a highly competitive business is their 7 days-a-week delivery service throughout the Ottawa/Gatineau region, with three daily delivery runs from Monday through Friday, and two on Saturdays and Sundays. Their services range from the creation of glorious hand-tied bouquets to formal table settings, funeral tributes, outdoor planter arrangements, and—of course—flowers for weddings and other special events. In addition to their countless residential clients, over the years, Eric and his team have kept numerous local businesses supplied with fresh floral arrangements. In recent years, Mood Moss has been among the decorators selected for the Homes for the Holidays benefit event for the Hospice at Maycourt.

Assisting Eric in the preparation of Mood Moss' signature bouquets and floral arrangements are **Renée Richer**, a veteran of five years at the Beechwood store, and more recent arrivals **Buffy Main** and **Tammy Albert**, all graduate florists with the skills to turn a bulky armful of blooms and greenery into works of art. As the recipient of more than my share of Mood Moss' freshly cut, colourful bouquets over the years, I can attest not only to their great beauty but also to their amazing staying power, often continuing to flourish long after the birthday or other



Photo: Louise Imbeault
Kelly with her 200th customer, Pierre Sénécal, who came in for a trim before flying to Las Vegas on vacation.

special occasion has faded into memory.

As the summer approaches, with it comes the season of gardening and garden tours, and Mood Moss is doing its part by acting as a Ticket Seller for two such events. The **Annual IODE House and Garden Tour**, this year sponsored by New Edinburgh's local Laurentian Chapter of the IODE in collaboration with NECA, will take place on **Saturday, June 11** here in the Burgh. On **June 25 and 26**, the Ottawa Botanical Garden Society will hold a **Country Garden Tour and Car Rally**, when you can visit twelve beautiful country gardens located west of Ottawa in Kanata, Dunrobin, Woodlawn, Arnprior, White Lake, Pakenham, and Almonte.

Tickets to both events will be available at Mood Moss at 186 Beechwood, so if you're interested, be sure to drop by the store and perhaps indulge in a fresh bouquet of cut flowers while you're at it.

Kelly's Barber Shop: Lester's Legacy

As luck would have it, Mood Moss owner **Eric Cardinal** was the very first client to visit **Kelly Riley's** new Barber

Shop at **296 St. Patrick Street** (between Dalhousie and Cumberland) when she opened her doors in mid-April. As most readers know, Kelly had been working for several years with our beloved community barber **Lester Clark** and his wife **Shabnam** at Lester's Barber Shop on Beechwood until the fateful fire in mid-March. (Coincidentally, Kelly's earlier career included a stint in a barber shop in Timmins—Lester's home town!)

When it became clear that Lester had decided to retire from the barbering profession rather than re-establish his shop once the rebuilding process on Beechwood was completed, Kelly moved swiftly to set up her temporary quarters on St. Patrick, and to spread the word to clients in New

Edinburgh and the surrounding communities that she was open for business. When we spoke in late April, she was happy to report that a steady flow of long-time clients had found their way to her new digs for a spring trim (in some cases long overdue), and she hopes to be able to keep Lester's multitude of regulars well served from this location until she is able to move back to the Beechwood area. While her goal is to return to our community, because of the comparatively high cost of space rental in our area, she may have to postpone the move until her financial resources permit.

If you're among the shaggy hordes left in limbo by the closure of Lester's following the fire, give Kelly a call for an appointment at **613-745-9623** or drop by the store at 296 St. Patrick Street. It's about a 15 minute walk from the Burgh, or if you have wheels, there is on street parking and two parking lots nearby.

Best of luck Kelly: carrying on Lester's legacy of 32 years in the business is no small job, and we hope to see you back near his old stomping ground on Beechwood as soon as possible!

Pine Point Lake House: Bed & Breakfast and Studio
In addition to the Gallery at 495 Sussex Drive and charming New Edinburgh Studio at

81 John Street, local landscape artist **Gordon Harrison** and his partner **Phil Émond** have a brand new project that may well be of interest to readers in search of a sylvan (but not too rugged) retreat in the course of the summer. Gordon and Phil recently sold their house on Crichton Street and built a glorious all-season home on Lacs-Îles in the municipality of Sainte-Marguerite-du-Lac-Masson in the Laurentians, where they have just launched a Bed & Breakfast operation.

Pine Point Lake House, as its name implies, is surrounded by mature pines, and boasts spectacular views of the lake and its many islands. The house is beautifully designed and comfortably furnished, offering two large suites for guests, each with its own sitting room and large private bathroom. The first suite, *Rhapsodie des Pins*, includes a king size bed and private patio, while the second, *Concerto de Bouleau*, has two twin beds and a beautiful wood-burning fireplace. A healthy breakfast is provided each morning, served by the fireplace, in your room or on the veranda where you can bask in the tranquil lakeside setting. In the evening, if you aren't inclined to explore one of the many gourmet restaurants in surrounding communities such as Saint Sauveur (a

Continued on page 14

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Continued from page 13

25 minute drive), Ste. Adèle or even Mont Tremblant (about a 45 minute drive), Gordon and Phil will provide you with a tasty dinner at home where you can enjoy a quiet drink on the wharf or veranda at sunset.

Active types will have plenty to do this summer, as there are trails nearby for hiking or jogging, and swimming in the lake from a private dock just a few steps away from the house. (Less active types can enjoy a quiet read by the fireplace or a relaxation massage!)



A comfortable room with a view at Pine Point Lake House.

Gordon has spent time in the Laurentians all his life, and beginning in his childhood,

developed a special attachment to the dramatic landscape which was his first inspiration for the Canadian landscape painting that became his vocation. His works are very much in evidence on the walls of the new B&B, and not surprisingly, he has established a Studio at Pine Point Lake House, offering guests the opportunity of a coaching session in the art of landscape painting, guiding them through all the steps of capturing a scene on canvas from start to finish. (And by the way, he provides all the painting supplies so you needn't come equipped!)

If you're intrigued by the possibility of a luxury getaway this summer, you can contact Gordon and Phil by email at info@gordonharrisingallery.com or call for reservations at 450-228-2539.

Shades for Kids: Some Wise Advice from Beechwood Optometry

As summer sets in, most of us are quick to reach for protective sunglasses to shade us from the sun's glare while driving, playing an outdoor sport, boating or simply walking outdoors in the heat of the day. We may be much less assiduous, however, about providing our children with this form of eye protection, perhaps in part because when we were kids, this was



virtually unheard of.

But here is an important reminder from the doctors at **Beechwood Optometry**. The lens of a child's eye transmits about 70% more Ultraviolet (UV) rays than the adult eye, putting the retina at much greater risk. In recent years this problem has been compounded by the depletion of the ozone layer which significantly increases the dangers of UV exposure. Because children tend to be outdoors more than adults, and normally aren't concerned about squinting up at the sun in the course of their outdoor play, about half the total sun exposure of the average person occurs in the first 20 years of life.

The long-term effects of sun-burned eyes are cumulative, and in many cases irreversible. Common conditions of older age such as cataracts, pterygium and macular degeneration are very often triggered by excessive UV exposure in childhood. While the majority

of children are now equipped with sun hats for outdoor summer activities, these provide no protection from the damaging UV rays reflected from water, sand or concrete. And who among us can't recall being nearly blinded by a long canoe ride or sail on a brilliantly sunny day?

The moral of this cautionary tale is clear: children should be wearing sunglasses for outdoor activities as the sun strengthens during the summer months. While weary parents may sigh at the addition of yet another addition to the daily summer protocol of hats, sunscreen and light clothing, the Beechwood Optometry team is confident that children can learn the importance of wearing sunglasses, just as they have adapted to the many other safety measures in their lives like seat belts and sunscreen. Besides, in some circles at least, sunglasses are still "cool"!

Get It Together: Life Style Efficiency

We wish a warm welcome to new NEN advertiser **Alison Gurr** who recently launched Get It Together (www.gottagetittogether.com), an efficiency consulting business designed to help individual households, small businesses, residences and schools to tackle their organizational and planning challenges. Alison is uniquely well qualified for her chosen line of work, having practised for 16 years as a registered Interior Designer and gone on to acquire her certification as a teacher in Ontario. For some years, she has volunteered

her efficiency skills to help our friends, family and local schools, and wisely decided to turn this talent into a commercial venture when she launched Get It Together in early 2011.

Readers scarcely need reminding that the average household is regularly saddled with a To Do List as long as the arm of an NBA basketball player, and that the time, energy and resources to tackle this list are often in short supply. Here's where Alison comes in. Her "**Home Solutions**" range from de-cluttering and general organization (the dreaded basement and garage included!) to down sizing; relocation (including the often difficult move from a home to a retirement residence); home inventory for international postings, insurance purposes or estate settlement; online garage sales; trip planning; flight reservations; meal planning and delivery; house sitting; recycling of discarded possessions such as electronics or old furni-



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ture; bookings for children's activities, and as the summer approaches, the researching of kids' summer camp options.

One of her recent jobs began with the redesign of a particularly small front hallway which had become a major irritant to the family in question. Simply by reducing clutter and adding light to the area, Alison was able to create a sense of order and serenity that proved a welcome relief to the household, bringing to bear her practised eye as an interior designer and her repertoire of techniques for improving efficiency in the organization of space.

Get It Together also offers a range of "Corporate Solutions" which include workplace analysis and recommendations for improved efficiency; office set up; file management; storage solutions; and de-cluttering and reorganization of offices areas and personal work spaces. With her background as a teacher, Alison is also well positioned to help schools with such challenges as classroom design; resource management; and administrative efficiency.

Interested readers may want to check out Alison's Blog (www.gottagetittogether.com/Get_it_Together/Blog/Blog).



Photo: Louise Imbeault

Its patio time! The New Edinburgh Pub's rooftop terrace provides a lovely overlook of the River Park.

[html.](#)) which contains useful background and efficiency tips on a range of topics from Multi-Tasking to Desk Control and Kids' Summer Camps. She is currently working on a fresh entry addressing a challenge which confronts us all, but which rarely, if ever, makes it into the urgent category on our To Do Lists: the organization of Photographs, and not only the digital shots of today, but the mountains of prints we all have stuffed into desk drawers or in dog-eared photo albums.

If you could use a hand coping with a long-delayed task

in your household or business, give Alison a call at **613-371-8553** or drop her a line at getittogether@magma.ca. She can help you simply by putting together a plan for getting the job done, or if your time is at a premium, she can tackle the whole task herself, leaving you free to deal with other priorities.

New Edinburgh Pub

The annual New Edinburgh Pub **Lobsterfest** is now among the established Rites of Summer on Beechwood, and this year the much anticipated event will run from **June 13 to June 19**

(which happens to be Father's Day, so plan on taking Dad for a night out at the Pub!) As regulars know, the Pub boasts the largest outdoor terrace in the City with seating for 140 overlooking the park and river, so if the weather is fine, you can look forward to savouring your pint and your lobster in the fresh air. If you'd like to be sure of getting your lobster fix this year, you can book reservations online at www.newedinburghpub.com, and even buy a Gift Certificate for Father's Day online while you're at it!

Coming up later this summer is the Pub's annual **Charity Golf Tournament**, on **Sunday, July 24** at the Pine View Golf Course in Gloucester. All proceeds of this year's tournament will go to New Edinburgh's own **Crichton Community Council (CCC)**, a group which Paul Williams has generously supported over the years, and which for many years has contributed much to the lives of neighbourhood families through the management of our Stanley Park Fieldhouse; the organization of wonderful special events such as the Spring Plant Sale, the annual New Edinburgh Summer Picnic, the Halloween Howl and Winter Carnival, and last but not least,

the operation of the hugely popular Stanley Park Rink throughout the winter months.

Ottawa New Edinburgh Club (ONEC)

One of the special pleasures of spring in our community is the return of sail boats and rowing sculls to the Ottawa River (the same cannot be said for muscle boats and seadoos, but that's a lament for another day!) In late April, the Ottawa New Edinburgh Club (ONEC) kicked off its summer season with the launching of docks and sail boats, along with the spring cleaning of its legendary heritage boathouse.

ONEC is one of the oldest sports clubs in Ottawa, with a long history dating back nearly 130 years. It was initially established as the Ottawa Canoe Club, founded in 1883 on the banks of the Ottawa River, with a floating boathouse moored at the foot of the Rideau Canal Locks. Because of the navigational hazards posed by large quantities of sawdust in the water emanating from the mills at the Chaudière Falls, the Club was eventually forced to move further downstream to Governor's Bay below 24 Sussex Drive

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*Lobsterfest - June 13 - 19
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where it remained for nearly 30 years until shortly before World War I.

At that point, the club acquired a water lot further downstream (in its present location), adjacent to flat land at the end of the street car line connecting to downtown Ottawa. Tennis had just become fashionable and it was felt that the addition of tennis courts to the club's facilities would attract new members. With the prospect of a brand new boathouse in its sights, the club then merged with the New Edinburgh Canoe Club to form the Ottawa New Edinburgh Canoe Club (ONECC), but owing to the war and spiraling construction costs, it took many years to complete the venerable Queen Anne recreational style boathouse which still stands today. The structure was designed by Ottawa architect C. P. Meredith and boasted a magnificent ballroom and a two level deck with spectacular views down the river to Kettle Island. The official inauguration of the boathouse took place in 1923 and coincided with the Canadian Canoe Championships which took



Ottawa New Edinburgh Club (ONEC) boathouse offers spectacular views down the river to Kettle Island.

place on the adjacent course on the Ottawa River.

The roaring twenties were the glory days of the club when membership blossomed and club members racked up one championship after another. Sadly, however, the impact of the Great Depression, followed by the Second World War, the post-war boom in suburban development and the rise of the private automobile, brought much harder times to the club. When the Rockcliffe Parkway was constructed in the 1950's, the tennis courts had to be moved to their present location, so the club's facilities

were physically divided by the road.

Confronted by mounting financial difficulties, the club was eventually reborn as the Ottawa New Edinburgh Club (ONEC) in 1965 when canoeing was replaced by dinghy sailing. In the five decades since then, tennis and sailing continued to flourish, and in the late 1990's, rowing was added to the roster as one of the club's core activities.

If you aren't familiar with ONEC's tennis facilities, the club has 7 clay courts and 4 hard courts, beautifully situated in an area off the Parkway completely encircled by trees and shrubs, and offers lessons to both members and non-members from beginner to advanced level. Its sailing fleet includes 7 CL 16s, 12 Lasers and 14 Picos, and Learn-to-Sail lessons are available for both youth and adult members, with exciting CL16 and Laser races held regularly throughout the summer. If you've admired those graceful sculling crews

on the Ottawa River and would like to try your hand at rowing, ONEC offers 3-weekend Learn to Scull courses for beginners, as well as coaching from novice to advanced levels.

ONEC Summer Day Camps for Kids

If you're looking for a way to pry your children off their computers and electronic gizmos and keep them active in the fresh air, ONEC's summer day camps may be of interest. The Club offers 1 to 4 week day camp programs beginning July 4, with drop off from 8:30-9:00 am and pick up at 4:00 pm. **Tennis Camp** is available to kids from 7-16 years; **Sailing** from 9-16 years; and **Rowing** from 12-19 years. Both tennis and sailing camps will run throughout the summer until September 2, while rowing will wrap up at the end of July. Check the club's website for details at www.onec.ca, or give them a call at 613-746-8540.

Farb's and Frasers'.

ZaZaZa Pizza

Just in case you haven't had occasion to drop in for a mouth-watering fresh pizza or drive by the restaurant at Putman and Beechwood, you may want to make a special trip to check out ZaZaZa Pizza's new rooftop tribute to the Renaissance. Not content with simply a new sign or other more conventional adornment of his business, ZaZaZa owner **Ion Aimers** commissioned a replica (well sort of) of the legendary statue of David by Michelangelo, sculpted in the early 16th century.



Photo: Louise Imbeault

Have you seen the new adornment on top of ZaZaZa Pizza? Its a classic. (Logo in the pizza box was added by photographer.)

Local sculptor and artist **Randall Chinkiwsky** has produced a latter day David (aka Ion, according to Manager **Caitlin Mark** and her team at ZaZaZa's!), which now stands atop the restaurant proudly bearing a pizza and bedecked with Ion's trademark headband. You probably recall that the original David is not wearing a great deal, well in fact not a stitch, but Randall has cleverly finessed his roof top version by discreetly covering the statue's private parts with a pizza box (gives a whole new meaning to the Reuse component of the three R's!!)

Burgh Business Bits

Beckta Alumni Gather for Gourmet Reunion

Two of our leading local chefs, **Michael Farber** of **Farb's Kitchen and Wine Bar** and **Ross Fraser** of **Fraser Café**, were among the culinary luminaries who gathered in early May for the 8th Anniversary celebration of **Beckta Dining and Wine**. Like the four other talented young chefs who participated in the reunion of Beckta alumni, both Michael and Ross had apprenticed with the legendary **Stephen Beckta** earlier in their careers, and were delighted to return for the celebration, and to contribute a signature dish to the evening's glorious and diverse gourmet spread. Beckta's has been among the few "resto-incubators" in the area, serving as a training ground for many of the fine young chefs who have emerged on the Ottawa culinary circuit in recent years, not least New Edinburgh's own




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Suspense and Laughter in the New Edinburgh Players' Spring Production

By **Barbara Benoit**

Once again, Director **Ingrid McCarthy** had Burgh audiences on the edge of their chairs, roaring with laughter as they picked through the morass of motives trying to figure out whodunit in the wildly comedic murder mystery, *Busybody* by Jack Popplewell.

There are, in fact, two busybodies – one a corpse that keeps mysteriously disappearing, the other the nosy and garrulous cleaning lady, Mrs. Piper, who first discovers it. The setting is Mr. Marshall's high-rise office suite. All the other characters – his wife and staff -- have cause to detest the boss. Fetched by

an overwhelmed young constable, Detective Superintendent Baxter, who is suffering from a violent head cold, has a trying time gleaning the facts from the tsunami of chatty verbosity directed at him by Mrs. Piper. The cleaning lady recognizes Baxter as a childhood acquaintance of the same humble origins as herself, and considers herself the far more capable investigator.

There were strong performances by all the members of the well-balanced cast, but the real scene stealer was **Linda Barber** as Mrs. Piper. Linda has had many starring roles with the NE Players, but seldom one that drew so effectively on her impeccable sense of comic timing. Kudos also goes to the design team that made this such a handsome production.

But hats off especially to



From left to right: **Linda Barber, Kevin Gehrels and Anthony Pearson.**

Ingrid, who as director and producer for over 30 years has delivered so much first-rate community entertainment and has leveraged her creative skills to support so many worthwhile community causes. Four of the performances were designated to raise funds for: MacKay United Church; St. Bart's for Harmony House

Women's Shelter & The Bale; Serenity Renewal for Families, Citizen Advocacy; United Church Women and the Burgh Carving Club.

This year, two special benefit performances were added for the Ottawa Humane Society and the Crichton Cultural Community Centre.

Kudos!



From left to right: **Linda Barber, as Mrs. Piper, and Sonja Lishchynski.**

In Our Midst

Louise Imbeault



and decided to continue our discussion over coffee while reviewing the photos taken of the event. That day I discovered a gifted photographer and made a new friend.

I am proud to announce that Patricia Riveroll has graciously accepted to volunteer for the New Edinburgh News starting with her first assignment photo of the Annual Plant Sale in this edition. So please join me in welcoming her to the growing NEN family. We look forward to seeing many more photo contributions and to visiting her soon to be produced Photo Gallery website.

Happy Summer Y'all!

For this last installment before we take a well deserved break over the summer months I thought it might be fitting to take a moment to thank you - the readers - for your support, comments and story ideas over the past months. It is because of your cooperation, trust and availability that I am able to interview people from our community and in turn present you with a glimpse of the gems that live among us. Sincerely, I encourage you to continue bringing forward your suggestions. Don't be shy, this is your newspaper and each us has a unique story worthy of mention. Please email them to: louise.imbeault@live.com.

It was the morning after the dreaded fire, on March 17, a sad day indeed, when I first met **Patricia Riveroll** – Photographer. Still under the shock and disbelief that our local landscape was changed forever, the piles of debris stacked up like an ominous reminder of the cruel reality we all faced, a photographer approached me to capture the same scene. We exchanged a greeting, shared our feelings



Photo: Louise Imbeault
Patricia Riveroll - welcome to the NEN team of volunteers.

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Help Lesotho: Where Global and Local Meet

By Jane Heintzman

New Edinburgh, as we regularly remind our readers, is an extraordinary community. Not only has it been home to a litany of distinguished and talented individuals, from musicians, artists and actors to politicians, diplomats, high-ranking public servants, engineers, inventors, historians, writers and high tech wizards, it also has a proud history of collective action to support such community causes as the epic battle against the Vanier Parkway Extension; the fight to *Keep Crichton Public*; and most recently, the neighbourhood campaign to raise funds for tenants left homeless by the devastating fire on Beechwood.

So it is perhaps not surprising that New Edinburgh should be the birthplace of an outstandingly successful not-for-profit international development organization which reaches out beyond our borders to one of the poorest countries in the world, the tiny land-locked kingdom of Lesotho in Southern Africa. As many readers know, **Help Lesotho (HL)** is the brainchild of Keefer Street resident **Peg Herbert**, (profiled numerous times in both local and national media). Since its founding in 2004, the charity has grown at an exponential rate from a modest one-person project into a widely acclaimed international aid organization with a stellar record of accomplishment, and the support of a long list of luminaries ranging from Lesotho's own King Letsie III

to Stephen Lewis, Bill Clinton, Ed Broadbent, Michael Potter, Mary Ann Turnbull, Don Carty, Elizabeth May and John Manley. The CBC's Lucy Van Oldenbarneveld made a special trip to Lesotho in January of this year to witness HL's amazing programs at work.

In the seven short years of its existence, HL has managed to raise more than \$5 million with no government support; provided assistance annually to more than 9,000 orphans, youth leaders and grandmothers through its programs; twinned schools across Canada with 15 schools in Lesotho; paid the school fees of over 2,000 high school students; arranged AIDS testing for 9,000 children, youth and teachers; clothed thousands of orphans with school uniforms and new shoes; involved 400 grandmothers caring for orphans in monthly programs; hosted 14,000 children and youth at annual leadership camps; provided 18,000 young people with education in AIDS awareness and prevention, as well as in the issues related to gender equity which lie at the root of the AIDS spiral. HL has distributed 10 metric tons of donated green lentils to starving children and the grandmothers who struggle to care for them; rebuilt and/or repaired primary schools, school halls and community centres; and built two new support and leadership ("Seotlong") centres to serve as hubs for the promotion of literacy, HIV/AIDS preven-

tion, gender equity education, and leadership development, as well as providing safe havens, and centres for companionship and the exchange of ideas.

Home Grown in Our Community

While HL has long since grown beyond its roots as a one-person show based here in New Edinburgh, our community has been an integral part of the project since its earliest days. **St. Bartholomew's Anglican Church** has been a strong supporter from the outset, and over the years its congregation has supported 16 orphaned girls all the way through high school with funds for education, housing and other basic needs. Various members of HL's volunteer Board of Directors, including **Shelagh M'Gonigle**, and **Rob Nelson**, are also parishioners at St. Bartholomew's who responded with enthusiasm to Peg Herbert's call for assistance with this noble project and have stuck with it ever since.

Peg has spoken at **MacKay United Church** and at local fundraising events hosted by Alexander Street residents **Philip MacAdam** and **Jean Bellefleur**. Many residents of our community also sponsor orphans and/or grandmothers, or donate to the **Food Gifts for Grandmothers** program launched by area residents **Joanne Nelson** and **Mary Mahoney**. As a child sponsor myself since 2007, I have

been personally struck by the life-changing impact that this form of committed, long-term support can make to the future prospects of a young person, turning despair into hope and helping to foster a renewed sense of self-confidence and purpose.

At the same time, **Rockcliffe Park Public School** was the first of the Canadian schools twinned with schools in Lesotho to provide much needed assistance in the form of school uniforms, shoes, school supplies and funds for repairs to crumbling infrastructure. The list of Canadian schools that have reached out through HL's twinning and support programs now numbers 92 schools nation-wide, including several more from our area such as **Elmwood, Ashbury College** and **Turnbull School**. In recent years, the students at these participating schools have raised many thousands of dollars for their counterpart schools in Lesotho through annual bake sales, coin drives, talent shows, garage sales, benefit concerts, raffles and pretty much every imaginable form of grass-roots fundraising.

Peg is the first to say that without the early and ongoing, regular support of individual residents and groups in the New Edinburgh area, Help Lesotho might never have blossomed into the remarkable force for good that it is today.

A Peaceable Kingdom

To account for the extraordinarily rapid growth of HL and its outstanding record of achievement, it's helpful to begin by examining the small African nation on which it has set its sites. Compounding the

problem of grinding poverty, the population of Lesotho has been ravaged by the HIV/AIDS epidemic, and has the third highest rate of the disease in the world. More than a third of the children are orphaned (and up to two-thirds in the poorest rural regions served by HL); average life expectancy is less than 40 years, and over 60% of the population is under 24. While the burden of running small farms and raising families falls largely on the women of Lesotho, in particular the surviving grandmothers who are left to care for AIDS orphans and the sick and dying, there remains a serious gender imbalance in Basotho culture which puts women at risk and undermines their ability to create a more hopeful future through economic and societal change.

On the positive side of the ledger, however, Lesotho is a comparatively peaceable and ethnically homogeneous kingdom, a constitutional democracy which is free of the ethnic, tribal and religious conflicts, and political oppression that bedevil so many of its African neighbours. The objective of sustainable economic and social change becomes possible to imagine in this relatively stable context, in contrast to the trap of "one step forward, two steps back" that overshadows international aid efforts in so many parts of the world. So the needs of the country are clear, and HL is able to pursue its efforts to respond to these needs, operating on solid ground rather than quicksand.

A Clear Focus

A second important ingredient in HL's effectiveness is the fact

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Malcolm and John Harding



After a transformative Grandmother Day at Help Lesotho's new Seotlong Centre, *Hlotse* (which means a place to share ideas in Sesotho). Finally, a place to work!

that its programs are clearly targeted to five specific areas:

- **Orphans and Vulnerable Children;**

- **Grandmother Supports** (with a powerful multiplier effect that extends to their many dependents);

- **Leadership Development and Training for Youth** of both sexes, but with special emphasis on young women;

- **Education in HIV/AIDS and Gender Equity** awareness and disease prevention, issues which are the key to breaking the AIDS cycle, and to empowering women to play a positive role in social and economic change; and

- **Education and School Projects**, which includes Child Sponsorship.

Interested readers should check out HL's website at www.helplesotho.ca for details about the many programs HL now operates in each of these target areas, and the ways in which you and/or your organization can help to improve the lot of this struggling country.

Building Partnerships at the Grassroots Level

As mentioned earlier, what began as a one-woman project is now a broadly-based network of partnerships involving individuals, community leaders and organizations in both Canada and Lesotho who are committed to supporting HL initiatives on a long-term basis. In Canada, supporters include a growing number of schools throughout the country; churches; teachers' organizations (including the Ontario English Catholic Teachers' Association which raised \$120,000 to fund a Youth Centre in Pitseng, Lesotho), and countless individuals who have sponsored a child or a grandmother, or even volunteered their services on the ground in Lesotho.

One of HL's particularly strong ongoing partnerships was forged in the Fall of 2007 when Ottawa resident **Mary Murphy** joined forces with a friend in the pearl business to found **Pearls for Girls** (www.pearls4girls.org), an enterprise which enlists the help of young volunteers (including Mary's two teenaged daughters) to create their signature

pearl bracelets and other jewellery to raise funds for Help Lesotho's programs for young women. Pearls for Girls (P4G) has raised thousands of dollars to enable girls to acquire the skills, knowledge and self-confidence needed to boost their prospects for a brighter future. P4G has now broadened its reach into other parts of Canada and the U.S., and continues to make a significant contribution to the lives of young women in Lesotho through its partnership with HL.

Local, Sustainable, Accountable: HL's Program Watchwords

Perhaps the single most important fact about HL programs is that decision-making and accountability for these programs is strictly local. HL now has a country Director in Lesotho, along with 13 Basotho staff and countless volunteers engaged in the development and delivery of its programs. Within the established framework of target areas referred to earlier, HL projects, which are typically simple and low cost, are defined and championed by Basotho community leaders with the clear objective of financial sustainability and measurable local impact. Help Lesotho makes a point of buying locally to support the local economy as opposed to sending supplies from Canada.

HL's Annual Report of 2010 contains the unequivocal assertion: "*HL does not want to be needed.*" Its overriding emphasis has been, and continues to be, on creating the conditions for steady and sustainable change, change that is brought about at the grass-roots level in Lesotho, and supported by collective action at the grass-roots level here in Canada.

Whether it's repairing a leaky

roof on a primary school; providing blankets, mattresses, food parcels and solar cookers to grandmothers; equipping school children with uniforms and shoes for the long trek to school; paying high school fees to help teens continue their education and save them from a future without hope; organizing Youth Leadership Camps and Conferences, or offering emergency relief to the most vulnerable children, these are all projects which are readily understood, easy to relate to, and make a visible difference on the ground in Lesotho. And that simplicity and clarity of focus would seem to be at least in part the secret of HL's incredible success in engaging such a large network of ongoing support in such a very short period of time.

Looking Ahead to Help Lesotho's Phase II

In 2011, construction finally finished on Help Lesotho's second and much larger Seotlong Centre to expand the reach and scope of its activities. The organization has made sustainability its goal for the next five years with a five-year pledge campaign among its donors, and various sustainability initiatives on the ground in Lesotho.

Peg Herbert is strongly committed to HL's consistent approach to its work and

development as an organization, stressing that "(Help Lesotho) firmly believes that supporting outstanding local leaders and building resilience and capacity in children, youth and grandmothers is the most sustainable way to help. (Our) organization is both passionate and careful in its blend of relief and development, and has built the reputation, support and substance to move forward in this second stage of its development. Help Lesotho plans to involve more corporations, foundations, individuals and service groups in its work going forward. Whether it's the free office space donated by Keller Williams Ottawa Realty Ltd on Bronson, a child sponsorship or the children's cookie sale at Rockcliffe Park Public School, each and every contribution from our community is appreciated and used to change lives."

Perhaps the greatest single contribution HL has been able to make in its brief career is to inspire hope in a population on the brink of despair. While the challenges remaining in that country are formidable, with every life HL has touched through its programs—and these lives now number in the thousands—a glimmer of hope has been rekindled and a future reclaimed. A success story indeed, though very far from over!

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Burgh Arts Scene

Art, Gardens and a Civic Project

By Barbara Benoit

Those of us who trudge off to our office towers on a fine spring day can only envy Wendy Trethewey, Margo Blackell and Marlene Munroe, three professional artists who, over the past year, have been working in each other's company, planting their easels in the parks and gardens of New Edinburgh and Rockcliffe.

A selection of their latest *plein air* paintings was on exhibition and sale at the Rockcliffe Retirement Residence on Porter's Island in the last week of May. The exhibition was organized in conjunction with the Ottawa Garden Club. The Club received a percentage of the proceeds from the art sales to buy plant material for the

newly designed garden at the Elizabeth Bruyère Hospital. Development of the garden as a green retreat for patients, residents, family members and hospital staff is the Club's 50th anniversary project.

All three artists are portraitists by profession (and yes, they enjoy painting dogs).

Wendy, who has lived in the Burgh since 1988, has worked extensively for the Department of National Defense, receiving one commission to produce 20 paintings on family life in the military and another to design the Admiral's Medal. Several of her works are in the collection of the Canadian War Museum. Portrait commissions have also come to her from Germany, Australia and the

United States. She was one of the featured local artists in the art show organized by NECA to celebrate the opening of the new Fieldhouse in 1998.

Wendy and Marlene, who is also a Burgh resident, met two years ago through the life drawing group at MainWorks in the Crichton Cultural Community Centre. Marlene trained in Quebec and in the US. She had a studio in France for 11 years and a gallery and studio in Boca Raton, Florida for five years. She has had two solo museum exhibitions

Margo and Wendy have been friends since they graduated together from Mount Allison University's fine arts program. Margo established herself as a professional artist, teaching and working in Toronto. She moved to Ottawa recently, after working briefly in the Maritimes, where she honed her eye for landscape.

Although they paint the same subject matter, the three artists achieve very different results, and their paintings bounce off each other. In hanging the exhibition, they made a point of clustering three very individual takes on the same scene. Partly it is a question of design – for example, a choice of whether or not to include a passer-by who wanders briefly into view. Partly it is a matter of medium.

Marlene favours traditional oils, pointing out that *plein air* oil painting was made possible by the invention of the convenient paint tube, on the basis of which the whole impres-

ing so deeply," says Margo. "The only sound we hear is bird song, and the bird song in some way becomes part of the painting. Sometimes people ask if they can look, but for the most part they keep very silent and respectful."

I asked whether they paint consciously for a specific market. No, they all respond in unison. The joy of painting lies in conveying your own concentrated inner vision as accurately as you can: "The interesting subjects are many and each artist chooses, translates and creates from her own inspiration."

"But the public is pretty smart," adds Wendy. "The paintings that I think of as my 'special babies' are usually the first to sell." Is the separation painful? "There are a handful of paintings that I love so much I will never put them up for sale," she



Painting by *plein air* artist Marlene Munroe.



From left to right: Margo Blackell, Wendy Trethewey, Marlene Munroe.

sionist movement unfolded. Margo alternates between oils and watercolours, often doing a quick watercolour sketch outdoors (sometimes backed up with a couple of photos), then transferring the scene into an oil painting in the studio. Wendy, although she favours pastels for portraits, finds them too messy outdoors and prefers to work in watercolours and acrylic, both media that are well adapted to the very quick, alert, immediate, concentrated style that *plein air* painting demands.

They paint largely in silence. "The silence is utterly profound because we are all concentrat-

admits.

What about the future? Although for the present they remain focused on landscape, Margo lives in the west end, and they are thinking of spreading their wings geographically. But also, says Marlene, "I enjoy working on a series and then moving on to a new subject." Before her current landscape period, she did a long series on refugees.

Readers who would like to see more work by these three artists can contact them at: margil8@sympatico.ca, artist@wendytrethewey.com or margoblackell@bell.net.



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Photo: Patricial Riveroll

Plant sale volunteers left to right: Helene Cohen, Brian Loney, Roger Hardy, Kathryn McKeen (the plant expert).



By Cathy McConkey

Plant Sale Success

I want to give a big thank you to everyone who came out on a perfectly beautiful sunny spring day for our **12th Annual New Edinburgh Plant Sale**. We had an excellent turnout throughout the day and want to thank each and every one of our neighbours and friends who supported the event. The plant sale is a community fundrais-

er organized by the Crichton Community Council. The council's fundraising monies have helped purchase the sprinkler pad, the climbing play structure, maintain the Fieldhouse and rinks at Stanley Park, as well as the New Edinburgh Cheering Station (May 29) and Community Picnic.

A special thank you to **Mary Grainger** and her family, **Jerry** and **Martina Turchyn**

for going the extra length to organize the day even though they had a big family wedding to attend on the same day. Thank you to our supplier, **Nicole and Denis Lemieux's Garden Center** in Hammond, Ontario and all our volunteers. I would like to thank **Helene Cohen, Deborah Conner, Joseph Cull, Jill Hardy, Roxie** and daughter **Harmony, Brian Loney, Caroline Matt, Kathryn McKeen** our morning plant expert, **Melody Salter**, and **Brian Torrie** and anyone I may have forgotten to name. Until next year, happy gardening!

Family Picnic July 10

Upcoming on the CCC's events calendar of family events would be the **New Edinburgh Family Picnic**. This year, the picnic will be held on, Sunday, July 10, 11 am - 2 pm (rain or shine) at the Fieldhouse. There will be foot races for all ages (starting at 11:30 am), BBQ, face painting, special visitors and more. Please contact **Caroline Matt** or **Deborah Connors** if you would like to help out in some small way at this event. Everyone is welcome, but please no dogs.

Fieldhouse Manager

As the *New Edinburgh News* goes to print, we are hoping that the Fieldhouse will, again, be accessible to the community this summer. We are still waiting confirmation of our Canada Summer Job grant before we hire our summer student. Many of you were thrilled last year when CCC was able to have the fieldhouse opened for use. We had a sum-

mer student, **Alex**, to do a little programming, help man the snack bar, and provide access to the washroom facilities. If you are a high school student (16+) and interested in applying for this position, please contact caroline@lectern.ca for further information.

Garage Sale Sept 17

The New Edinburgh Garage Sale will be held September 17, 9 am - 3 pm. Rain or Shine! Please contact me at

613-746-0303 if you have any questions.

Fieldhouse Rental

Anyone interested in renting The Fieldhouse please contact **Jill Hardy** at **613-746-1323** for more information on our very reasonable rates. Or, you can visit www.newedinburgh.ca for more information on other community events by your local community organizations. Have a great summer everyone!

Friends of Lansdowne

Dance Under the Stars at Caribbean Night

Remember how much fun Havana Night was? Or did you miss out on that fabulous event? Here is your chance ---- come and dance under the stars on Saturday, June 11 in Old Ottawa South!

Featured will be the HOT rhythms of the Caridad Cruz Trio and the mellow tones of the Nepean Panharmonics Steel Band.

A pig roast and Jamaican patties will be included with a cash bar.

This unique dance party will start at 7 pm when the Windsor Park tennis courts near the river will be magically transformed. All that is needed is your presence! Bring your own lawn chair for relaxing between dances.

Tickets for \$40 will be available after May 15th at the Old Firehall, Compact Music, Havana Cafe and the Ottawa Folklore Centre. Further information available at www.oldottawasouth.ca or call 613-247-4872.

Proceeds from this event are for the Friends of Lansdowne legal challenge.



Photo: Patricial Riveroll

New feature this year: Herb and veggie seller **Richard Williams** of **Ferme Lève-Tôt** with new customers.

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Lumière Festival 2011: Festi-Fool, the Parade of Life



By Candace Quinlan

The Lumière Festival, presented each year by the Crichton Cultural Community Centre is a month-long, community based festival starting **August 1, 2011** and culminating in the magical *Evening of Light Celebration* held this year on **August 20**.

The Lumière Festival has expanded its programming this

year. Along with the *Evening of Light Celebration* there will be multiple community initiatives held throughout the month of August. On **August 6**, the community can partake in an exciting night of interactive Storytelling and Play Back theater. On **August 13**, family and friends are welcome to celebrate in a captivating evening of *Drums and Dance*. Would you like to be part of an exciting two week journey of arts activities, creative inspirations and personal growth and are 12 years old and up? Then join the Lumière team from **August 8 -12 and 15 - 20** for an exciting **summer camp** opportunity where you can create an original lantern and performance piece to be showcased at the *Evening of Light Celebration*. Through lantern-making and performance workshops, a photography marathon, photo exhibits, visual artists, music and the *Evening of Light Celebration*; the Lumière Festival encourages people to come together and share their own creations and view the creations of others in a celebration of light and community.

The *Lumière Evening of Light Celebration* will entice you whether you participate on your own, with friends or make it a family affair. Young children are eager to be part of the magic and can proudly carry their very own lanterns created by their imagination at one of the workshops or on the night of the event. Costumes are encouraged and a visit to the on-site **Transformation Tent** where children can dress up and receive face painting, can add some imagination to the evening for everyone! Returning performances from the **Fire Weavers** and the **Ottawa Stilt Union** are sure to draw a crowd. The Lumière festival is guaranteed to captivate your imagination so come re-discover the night and the magic of light!

If you want to be a creative participant of the 2011 Lumière Festival you are encouraged to join us for a workshop at the CCCC!

If you are interested in an exciting volunteer opportunity or more information on upcoming events please visit www.lumiereottawa.com or email volunteers@crichtonccc.ca.

Looking Ahead to Fall Programs at 200 Crichton

By Ellen Goodman

As you are well aware by now, we hope that with the assistance of our supporters, we will be the owners of the whole of the former Crichton Street School as of September 1, 2011. We realize this is not yet a 'slam dunk' but we are hopeful that our funding will have lined up in time for us to put in a successful bid to enable this wonderful heritage building to return to public ownership, with our community associations as its stewards.

In anticipation of this happy outcome, we want to hear from you, our neighbours, friends, and stakeholders about what you would like to see in this building. This outreach is just the first of a much more comprehensive process that will kick into place once we know for certain whether or not this building will be ours. In the

interim, we want to begin the process of seeking out your ideas, interest and offers of help.

It is our intention in the very early days of ownership of the whole building to offer **5 day a week After School Care** for children in grades one to six. We already have the names of 45 children whose parents would like to be contacted if we are able to offer this much-needed program, but if you have not yet sent in your name, please contact the CCCC office: communitycentre@rogers.com or **613-745-2742** to give us your contact information and the age of your child (children).

Once we own the entire building, we will have access to a full auditorium with a raised stage on the first floor, and a full gymnasium and change rooms with showers in the

basement, as well as at least 5 other light-filled classrooms. We intend to expand our rental of studio space for a variety of artistic disciplines, as well as establishing a **Community Common Room**. If you are interested in being considered as a short-term or ongoing user of any of this space, or have ideas about programs and services that you would like us to offer in the building, we want to hear from you.

All ideas are welcome! Please send your input to the CCCC office (contact info above), if at all possible, prior to the next **Program Committee Meeting on June 8**. Lend us your support to make this dream a reality on September 1, 2011!

Ellen Goodman
Co-chair of the CCCC
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ellen.goodman.opera.ncf.ca
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Ongoing Programs

Unless otherwise indicated, register for programs at the CCCC at 613-745-2742 or communitycentre@rogers.com.

Check our website at www.crichtonccc.ca for new programs with seniors in mind, or contact us for a printed copy of our program guide.

Wellness/Fitness

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Tuesdays 11am - 12:30 pm
July 12- August 30 (8 wks)
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Alex MacDonald
Tuesdays, Thursdays: 6 - 7 pm
Mondays, Wednesdays: 10 - 11am
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strength, flexibility, balance and co-ordination.

Yoga/Meditation

GENTLE HATHA YOGA

Heather MacDonald
Tuesdays 9:30 - 11 am
July 12- August 30 (8 wks)
Fee: \$80

A class for everyone, which incorporates easy and soft movements designed to create relaxation of the body and mind and provide a restorative experience even for those with limited physical capabilities.

Visual Arts

COLOUR MIXING WORKSHOP

Susan Ashbrook
Sunday, 9:30 - 3:30 pm
June 12
Fee: \$75

Based on the Michael Wilcox School of Colour theory, this workshop goes beyond the basic colour wheel and teaches you how to mix the precise colour you need the first time! No more trying various combinations of blues and yellows to get the green you want. This colour mixing workshop can be used in all mediums, including glass, pastels and coloured pencils.

COLOUR HARMONY & CONTRAST WORKSHOP

Susan Ashbrook
Sunday, 9:30 - 3:30 pm
June 19
Fee: \$75

This workshop explores the use of colour combinations to create harmonious paintings. We also look at creating visual contrast through the use of colour temperature, saturation, complimentary colours, hue and value. These colour techniques can be applied in any artistic medium to make the work more exciting and unified.

ACRYLIC GLAZING WORKSHOP

Susan Ashbrook
2 Sundays, 9:30 - 3:30 pm
July 10 and 17
Fee: \$150

Learn this Old Master's technique applied in the modern day medium of acrylic paint. Glazing gives the artist complete control over colour mixing, allowing for richer, more subtle colours and greater suggestion of depth and distance in a more unified painting. Enhance your painting skills with the new techniques you learn in this workshop. Students will do a number of exercises as well as create a painting from their own resource material. This workshop is suitable for both beginners and more experienced artists. Workbook included.

PLEIN AIR PAINTING

Susan Ashbrook
Saturdays, 9 am - 12 pm (8 wks)
July 9, 16, 23, August 6, 13 & 27
Fee: \$120

Learn how to paint on location, in acrylics, oils, watercolour or soft pastels. This course will take place at various locations around Ottawa, including the Rockcliffe Rokeries, Experimental Farm, New Edinburgh Park, Hogs Back falls and other prime painting locations. We will meet at the Crichton Cultural Community Centre and then share transportation to the day's location.

ELEMENTS OF LANDSCAPE PAINTING WORKSHOP

Susan Ashbrook
Saturday, Sunday & Monday, 9:30 am - 3:30 pm (3 days)
July 30, 31 & August 1
Fee: \$195

Learn to paint the elements of landscape, such as skies, water, fields, trees, foliage, rocks, mountains and more in this highly focused three-day workshop. You will learn the techniques, the brush strokes and the colours to use to create realistic features. Then you will practice putting them together in a complete painting. This workshop is open to all levels of painters using acrylics, oils or soft pastels.

Infants & Children

Register at CCCC 613-745-2742 or communitycentre@rogers.com.

MONKEY ROCK

John King
Wednesdays: 4 - 4:45 pm (3-6 yrs)
Fridays: 10 - 10:45 (1-2 yrs)
10:45 - 11:30 (2-4 yrs)
11:30 - 12:15 (0-1 yrs)
Register at www.monkey-rockmusic.com or email monkeyrockmusic@gmail.com.

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entertaining and creative participatory music program for young children and their adult caregivers. Our primary goal is to instill a love of creating and experiencing music that will last a lifetime!

Summer Camps

SUMMER ARTS DAY CAMP

Ages 6-8 and 9-12
Monday - Friday, 9 am - 4 pm
July 4 - 8
Fee: \$235

Experience the arts! This day camp offers participants the chance to sample visual arts, theatre, dance and music all in a whirlwind week! Activities will include clowning, printmaking, new dance steps and, of course, all with lots of drama! Lots of indoor and outdoor fun for everyone.

Before and after care is available for those families who require it.

LUMIÈRE SUMMER CAMP

Ages 12 and up
Mon-Fri 9 am - 4 pm
August 8-12 and 15-19 and Sat, August 20, culminating in the showcase at the Ottawa Lumière Festival.
Fee: \$399

This summer, take an exciting two week journey of arts activities, creative inspiration, personal growth and summer fun. Join the Lumière team on a fantastical art adventure, exploring your imagination through visual art, drama and music.

Guided by Artistic Director, Scott Florence, (A Company of Fools), and with guest instructors from all artistic disciplines, camp participants will create an original lantern installation and original performance piece which will be showcased at the Ottawa Lumière Festival on August 20.

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CCCC Update: Hopes for a New Beginning ...

In less than a month from the time this paper is published, the community will know whether or not we have succeeded in our 12 year crusade to *Keep Crichton Public*. According to the terms of the court-established sale process, June 30, 2011 is the last possible date on which the CCCC can exercise its right of first refusal to match the highest bid and purchase 200 Crichton for ongoing community use. Preparing the ground for a successful bid has been a long and often difficult struggle, and it must be said that in recent weeks in particular, the World War II mantra "Keep Calm and Carry On" has been more than occasionally invoked on the second floor of 200 Crichton Street!

If we do succeed in reaching our objective when June 30 rolls around, it will be thanks in large part to the extraordinary support we have received from so many quarters over so many years: from our partner community organizations NECA, the **Crichton Community Council** and the **New Edinburgh News**; from the **Friends of Crichton**; from **Ingrid McCarthy** and the **New Edinburgh Players**; from our dedicated **Cocktails for Crichton** organizing team; from countless individuals in the community; from our resident **MainWorks** artists; from our loyal contingent of **Instructors**; from the community participants on our working Committees; from our representatives at all levels of government, **Mauril Bélanger**, our newly re-elected federal M.P.; **Madeleine Meilleur**, our M.P.P., **Peter Clark** our City Councillor and his predecessor

Jacques Legendre; and last but not least, from our staff and Board of Directors who have battled on against often formidable odds to secure community space in this historic building.

Another Milestone: Last AGM for the CCCC

The CCCC's Annual General Meeting on Sunday May 1 marked a milestone in our history, as the last such meeting of the organization in its present form. Despite the glorious spring weather, over a hundred members of the community turned out to hear the latest news on the unfolding sale process, and to show their support for the campaign to *Keep Crichton Public*. Two of our representatives, Mauril Bélanger and Madeleine Meilleur, attended the meeting, and expressed their support and encouragement for the community effort to buy the building, while Councillor Peter Clark sent welcome assurances that he is solidly behind the project, and doing all that he can to assist us.

Board Chair **Johan Rudnick** briefly summarized the final stages in the sale process, noting that:

- the Deadline Date for Offers is Friday May 27;
- the highest bid is to be made known to CCCC lawyers by Monday, May 30 or Tuesday, May 31;
- The School of Dance has made clear its intention to submit an offer, and as owner of an 83.5% interest in the building, will only be obliged to pay 16.5 cents on every dollar of the purchase;



MP Mauril Bélanger came to show his support at the CCCC Annual General meeting.

- the CCCC has until June 30 to exercise its right of first refusal (confirmed by the Court decision of March 2009) to match the highest bid;
- if the CCCC fails to match that bid, the community will lose the building and the CCCC will vacate the premises by the closing date on August 31;
- if we succeed, The School of Dance will depart by August 31 and the community will have full possession of the building, with the expectation of an expanded array of programs and community activities beginning as early as this Fall.

Still Time Left to Invest in Your Community

Johan reported that at the time of the AGM, the CCCC was making steady progress towards its objective of securing the financing for a successful bid, noting that the **Capital Campaign Team**, Chaired by **Colin Goodfellow**, with the assistance of **Carol Burchill** and **Jennifer Barbarie**, was about two thirds of the way to its target of \$1 million to be raised through the sale of

and Mackay Street resident **Sean Flynn** have also joined our ranks as Ad Hoc (non-voting) Board members. We wish a warm welcome to them all, and look forward to their advice and participation in the transition period that lies ahead.

Life Goes On at the CCCC

Despite the preoccupations associated with time ticking down on the sale of the building, activities at the Centre have continued unabated and hopeful preparations for the fall have started to take shape. As you will see in a separate article in this issue, our Artist-in-Residence **Scott Florence** and his team are working hard on preparations for this summer's **Lumière** celebrations, starting August 1st and extending throughout the month to the annual evening **Festival of Light on August 20**.

We have a full slate of summer programs on the agenda (listed separately in this edition), including a **Summer Arts Camp** for children in early July, and a **Lumière camp** in early August. And as you'll read in **Isobel Bisby's** glowing report, our enterprising **Parents' Steering Committee** has just hosted another hugely successful family event, entertaining about a hundred children and parents at a Harry Potter-themed **Movie Night** on (appropriately!) Friday the 13th of May! These kinds of events are exactly what community centres are all about, and we're extremely grateful to Isobel and her group for keeping up the momentum as we move towards our decision date, and we hope, the transition to a more spacious



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and better equipped permanent home for our community life.

Ellen Goodman's industrious Programming Committee will meet on June 8 to begin planning for what we hope will be our 'new beginning' in the fall, and looks forward to engaging the community in an exciting consultation exercise to determine the kinds of programs and activities that will take place in our "new and improved" (and permanent!) community and arts centre.

While Anne Thompson retired from the CCCC Board earlier this year to pursue her many other commitments, she has remained the moving spirit on our Corridor Gallery Committee which is about to launch the first of two planned juried exhibitions at the Centre this year. The Committee has been working with the Ottawa School of Art's Gail Bourgeois, and is pleased to report that one of the graduates of Gail's diploma program was selected by the jury to be part of the second 2011 exhibition in the Corridor Gallery this September.

We're extremely grateful to Anne and her colleagues Jeff Matt, Alisdair Macrae and Tina Tolgyesy, as well as to our energetic Board member liaison on the Committee, John Jarrett, for all their efforts in organizing these exhibitions to support the work of emerging professional artists throughout the region.

Co-ordination of Fire Relief Effort: What Community Centres Are All About

As most readers know, the CCCC has been co-ordinating the disbursement of funds raised in the community for the tenants displaced or left homeless by the appalling fire on Beechwood in mid-March. Our

Administrative Officer Kiki Cliff has been in constant communication with many of these tenants as they begin to recover and take stock of their immediate and longer-term needs.

Kiki has served as the link between the tenants and the Disbursement Committee established to make decisions on the disposition of the funds, and to date, just over \$20,000 in financial aid has been provided, along with advice and referrals for those tenants in need of other social services. Thanks to the extraordinary generosity shown by our community, beginning with the kick-off fundraising event organized by Paul and Tracey Williams of the New Edinburgh Pub, there remains a substantial amount left in the special Fire Relief Fund administered by the CCCC. In the coming weeks, the Disbursement Committee will be providing continuing assistance to the tenants as they resettle in new accommodation and begin to rebuild their lives.

Last Chance to Keep Crichton Public!

By the time this paper is in circulation, the CCCC will have been made aware of the highest bid, and will be assessing its capacity to match that bid by the end of June and acquire the building for the community. There will almost certainly be more work to do (probably lots of it!) in the short time remaining before June 30th, and once again, we may need to call on the community for support in this final leg of our campaign.

Please keep a close eye on the CCCC website at www.crichtonccc.ca to keep track of the latest developments, and to find out how you can help in the final push to Keep Crichton Public.

Family Night at the Movies: Another Great Event at the Community Centre

Isobel Bisby

The Family Night at the Movies was a fun event organized by an enthusiastic team of volunteers, but it was much, much more than that. All ages turned out on the evening of Friday, May 13—from toddlers to seniors. One hundred of us watched movies, munched popcorn, slurped drinks, and ate cake and cookies. Parents and young children curled up on the floor mats, others chose the comfort of chairs. Big kids sauntered around relishing the freedom of the large rooms and hallways that make up our centre. Some came in costume, others excitedly won the raffle prizes. Everyone agreed that we must do it again...and often.

As usual local businesses were generous with their support. Governor's Walk Retirement Residence staff provided the popcorn machine and cake, Tara's Tea yet again served the liquid refreshment, Elgin Video donated family videos, and the Bytowne Theatre donated memberships and tickets. The evening was organized by the CCCC's Parent Steering Committee: Ellen Goodman, Abby DeWolfe, Caroline Matt, Carol Burchill, Isobel Bisby, Linda Meek, Corry Burke, and Marta Reyes-Lipman. Thanks are also extended to volunteers Jack Horwitz, Jeff Matt, Tara McKenzie, Susan Harper, Maurice Hladik, Sharon Collins, Martin Lipman, Milly Battaion and her son Anthony, and Harmony Ferreira.

We do hope New Edinburgh is able to keep 200 Crichton, as



Photo: Marta Reyes Lipman
Isaac Lipman, Nathanael De Wolfe, Rebecca Lipman, Emma Fazakas, Zoya Thompson-Arnold, Sam Grabner and friends share giggles and thrills at the screening of Madagascar while enjoying typical flick fare of lemonade and popcorn.

it is the only community centre that we have. The Family Night at the Movies held last Friday is a good example of why we need a public gathering place for people of all ages, where we can relax, have fun and enjoy community togetherness. In the future it could be a place where we gather if catastrophe strikes again as it did with the Beechwood Fire. Many in the community were so very distressed by this tragedy and wanted to do something to help the victims. Fortunately the Crichton Cultural Community Centre was able, as a charitable organization, to manage the Beechwood Fire Rescue Fund. Wouldn't it have been wonderful if 200 Crichton had been an evacuation point, a place where people could've gone to get help, give help and get information? If we lose the whole building we will lose that potential. We will lose

dance, fitness, and yoga studio classes, we will lose art workshops for children and adults. Indeed, we will lose a host of existing, unique community activities and events. We'll lose the opportunity of providing programs for the growing number of seniors, both those living in retirement homes and those still living independently in their own homes, as seniors need services close by and in walking distance. Sadly we lost our community school some years ago, and ironically we now have a growing number of young children whose parents urgently need daycare and after school care. **None of these things will happen if we lose 200 Crichton. All of them can happen if we keep it. So please support the KEEP CRICHTON PUBLIC Campaign.** Email communitycentre@rogers.com or call 613-745-2742.

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Photo: Clare Robertson

The New Edinburgh Children's Choir with Choir Director, Dr. Erika Tanner.

Introducing The New Edinburgh Children's Choir

By Joel Crouse

There were pickpockets and chimney sweeps, a spoonful of sugar and a rousing dance down the aisle as super (califrigistic) young voices filled Saint John Lutheran Church.

For their spring concert in May, the **New Edinburgh Children's Choir** sang a collection of songs from *Mary Poppins* and the musical *Oliver!*, earning loud applause from the audience.

The choir's inaugural year wrapped up following the concert with a potluck dinner and family DJ dance in the church hall, which showcased the dance moves of its young members (and a few parents and siblings as well.)

Formed in September, the choir started out with eight members and soon grew to

about 25 young people between the ages of 6 and 11. Almost all its members attend Rockcliffe Park Public School and live in the neighborhood. The choir showcased its talents with two concerts this year, including one at Christmas, as well as impressive performances by soloists.

As part of its mandate, the choir also raises money for local charities chosen by its members. At Christmas, members collected donations to the Partage-Vanier Food Bank. This spring, the choir raised nearly \$300 for Operation Come Home, a non-profit that helps homeless youth in Ottawa.

The choir is sponsored by **Saint John Lutheran Church** on Crichton Street as a way of giving back to the community,

providing the space for rehearsals and concerts at no charge, as well as the services of church organist, **Michael Fry**, who accompanies the choir on piano. The choir is especially lucky to have the expertise of its director, **Dr. Erika Tanner**, a family physician in Ottawa. Dr. Tanner is a trained soprano and experienced choir director, who led choirs both in Toronto and medical school, and who volunteers her time to bring this new youth choir to our neighborhood.

The choir will start its second season in September, and is always looking for new members. If you have a keen young singer in your family, and would like to be contacted with an information email about the choir closer to fall registration, contact jcrouse@me.com.

River Cleanup Kudos

By Gemma Kerr

The weather was much kinder to us this year – it was dry and almost warm! About thirty people turned out for the **Urban Rideau Conservationsists'** cleanup on Saturday May 7. Equipped with gloves, bags and long-handled pickers provided by the City, we collected an impressive pile of garbage and recyclables from the river and its banks, including the remains of a chair and a complete, but rather abused, No-Parking sign.

Special thanks go to **Clare Robertson** and her husband **Rob** who looked after the volunteers' table under the eaves of the Fieldhouse, and the team from **Beechwood Chiropractic** who took their cars up to the Cummings Bridge and came back with both trunks full of garbage.

We are pleased that the **Rideau Valley Conservation**

Authority were able to send two canoes out to help us again this year, and they also worked the area between the Cummings and St. Patrick bridges. Because of a competing event, RVCA were short of canoeists, but the community stepped into the breach and provided four volunteers. Our thanks go to **Tim Plumptre**, **Elisabeth Salm**, **John Szlajak** and **Jane Thompson** for helping out on the water.

Cleaning up can be hungry work, and we appreciate the support of **Bridgehead Coffee Houses** who provided hot coffee for the volunteers, and our local **Metro** and **NECA** who contributed snacks.

City-wide, about 140 people participated in the URC clean-up at five separate locations. We took almost 100 bags of garbage off the banks of the Rideau River. Way to go everyone!



Photo: Patricia Riveroll

Rideau Valley Conservation Authority staff and volunteers embarking on canoes for river cleanup. Left to right: Tim Plumptre, Jess Tester (RVCA), Elisabeth Salm, Ashleigh Cleary (RVCA).

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A Gift from Mother Nature

By Louise Imbeault

Springtime brings us much relief, the warmth of the sunshine, the budding tree leaves, the first blooms of the season which brighten our days. It also breathes new life around us with the birds courting each other, building their nests and laying of eggs (Chickadees took up residence in our birdhouse again this year). It also brings a new generation of squirrels, raccoons and skunks into our urban area.

This story I share with those who like myself love life and all the creatures who share it with us.

You might recall a similar scenario a few years ago when I found a 4-day-old starling

and fed him mashed worms. Well this year's Mother's Day started like any other and little did I know I was about to help another orphan, this time a squirrel.

Around dinner time a neighbour knocked at the door seeking assistance. I jumped into my shoes and went outside to find out what was the matter. They informed me that a baby squirrel was wandering the street nearby and they were concerned it might get run over by a car. "What should we do?" they asked. I suggested they call the Wildlife Centre to ask for guidance while I stood watch.

This juvenile was no bigger than 4 inches long, weigh-

ing ounces and very frantic to find shelter. His nest may have been destroyed and he may have lost track of his mom along the way. This scenario is a very normal situation in the forest or park but not as safe in the city. After making the call, they returned to inform me that we should "leave it where you found it" period. Well that's not what happened.

I took little NEO (meaning NEW) home and prepared a makeshift shelter using a discarded fleece lined jean jacket for warmth, adding a wire mesh around it with an old screen frame on top to deter predators overnight. I then mixed peanut butter with warm water and using a bamboo skewer started to feed him, he was ravenous. Using a dropper, I gave him water to drink and he did so very eagerly. Finally after consuming 1 tsp of natural peanut butter and drinking 1.5 oz of H2O he snuggled into the jacket in a little ball and went to sleep. What a relief.

Setting my alarm clock for Monday morning I dashed outside at 8:00 am to see if Neo survived the night and to my delight he did. So the feedings started and kept going every 4 to 6 hours. Thank goodness I



am available to devote the time and energy required to meet the commitment and responsibilities of caring for this living gift.

Well, I'm glad to report he is growing and thriving and starting to explore on his own. Wanting to ensure he stays "wild" I did not coddle or pet him (squirrels are born with fleas and ticks so be careful not to transmit to other pets in your household).

As the weather was calling for three full days of rain and not wanting Neo to get sick, I called around to discover the Rideau Valley Wildlife Sanctuary in North Gower.

They come around town to pick up wildlife found and rescued by city dwellers who dropped them off at the Ottawa Humane Society (moving in June to their new digs at Merivale and Hunt Club).


Needless to say I was very relieved when Neo was handed over to the RVWS on Friday May 13. I wish him a long and prosperous life.

This story is shared to promote awareness about the increasing amount of wildlife living in our area. After all if we keep developing the green spaces, we should be prepared to share ours with the natives.



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Fern Hill Celebrates Diversity During International Week and Art Show

By Stephanie Monteith

Fern Hill School celebrated the school's diversity during its annual **International Week** from April 11 to 15. Nearly one quarter of the students at Fern Hill School, an independent elementary school located in New Edinburgh, are from various countries including Australia, Austria, Cameroon, China, Denmark, France, Germany, Guatemala, Kuwait, New Zealand, Slovenia, Spain, U.K. and the U.S.

Throughout International Week, the grade school students wore their national costumes to school, heard from the Bhakti

connection musical group and learned about fair trade from Bridgehead. The Third World Bazaar brought in their collection of musical instruments and toys from across the world and the students visited the Spanish Embassy. The students had many opportunities throughout the week to celebrate their countries of origin with their peers.

International Week culminated with an exhibition of the students' artwork which they produced in collaboration with African artist Hawa Kaba and Czech artist Zaneta Pernicova. Hawa Kaba is a mixed media

artist who uses a wide range of materials to express her feelings about her African heritage and the experience of growing up in Africa. Zaneta Pernicova is a Czechoslovakian-born artist who uses mostly acrylic and oil paint, coffee and resin in her paintings. She is influenced by her birth country as well as her escape from the communist regime and immigration to Canada via Austria.

Both artists brought their creative talents to the classrooms of Fern Hill School and discussed their backgrounds and influences with the students. The students learned

about Zaneta's abstract style and were allowed to touch and feel the texture in her work. The students also learned about Hawa's use of collage and were fascinated by her use of multimedia including paper, textile and photographs. The students proudly hosted an art show for family and friends to show off their completed works.

Fern Hill School hosted an art show open to the public highlighting the art of Hawa and Pernicova as well as Penny Estabrook, Hans Blokpoel, Elly Clarke and local native artist Tom Hogan on April 16. This was a wonderful opportunity for the community to gather together and to view the work of these talented artists.

Fern Hill School offers programs for children aged two through the elementary grades. The elementary program has a strong curriculum which includes music, art, IT, French and Spanish. The emphasis is on developing strong academic skills and the confidence in

one's ability to succeed. The children participate in community activities throughout the school year including Earth Day and Stanley Park cleanup activities, a food bank drive and visits to the local retirement homes.

Fern Hill School looks forward to seeing current parents as well as alumni and friends of the school at its spring fundraiser, a social evening with two Fern Hill families on **Thursday June 2, 2011** at the Rockcliffe homes of Mr. and Mrs. Vermeij and Mr. and Mrs. Freedman.

We also look forward to hosting the children of the community at the **Fern Hill Spring Fun Fair for children ages 2 to 12 on Saturday, June 11 from 10:30 am to 1 pm** on the school grounds at 50 Vaughan Street. The Fair will feature games and prizes, a BBQ and wagon rides.

For further information contact Fern Hill School or visit www.fernhillottawa.com.

Two Elmwood Students Head to Top U.S. Universities This Summer

By Teresa Stirling

Francesca Schembri and **Emma Graham**, members of Elmwood School's Class of 2012, will both be spending part of their summer break at prestigious universities in the United States.

Francesca was accepted into the **Massachusetts Institute of Technology (MIT)** Women's Technology Program in Mechanical Engineering, one of the top summer engineering programs for high school students in the world. Only 20 Grade 11 girls were accepted out of the 250 who applied.

Francesca will take daily engineering classes taught by MIT female graduate students, participate in a Rube Goldberg challenge, visit labs and hear

from special guest lecturers. Emma is one of only two international students accept-

Gynecology & Reproductive Sciences created the program in order to promote interest in the science and medical fields. Emma will spend six weeks working on a research project in a laboratory together with a mentor scientist and will then present her data and conclusions to family members, teachers, investigators and departmental staff.

According to Headmistress **Cheryl Boughton**, "Over 50% of Elmwood graduates go on to study math, science or engineering in university. Francesca

and Emma are following in this tradition and we are incredibly proud of them. We wish them all the best at MIT and Yale this summer."



Photo: Teresa Stirling
Emma Graham (left) and Francesca Schembri (right) are off to two of the top U.S. universities for the summer.



Photo: Louise Imbeault
Sam Grant, a Fern Hill grade one student, was one of the student exhibitors, pictured here next to his mixed-media collage (Star Wars).

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The Stairwell Carollers in Concert Award-Winning Choir Gives Back to the Community

(Ottawa)—What do a University of Ottawa singer, a Concordia guitarist and a McGill tuba player all have in common? Selina McDonell (2004), Geoff McNeely (2008) and

Gabrielle Porter (2010) are all past winners of the *Stairwell Carollers' Amore Musica Scholarship*, given annually to a talented Ottawa-Gatineau high school student going on for music studies at a Canadian university.

To date, the choir has awarded the scholarships to nine gifted grads, each of whom has demonstrated a very special love of music. They represent a wide range of local high schools, including Nepean, John McCrae, Canterbury, De La Salle, and Ashbury College.

On June 18, at the Stairwell Carollers' gala spring concert at St. Barnabas Church, the choir will announce the 10th winner of this award

This concert, titled *O Vos Omnes* ("O all ye who pass by, pay attention and see"), is in honour of the hauntingly beautiful Renaissance motet by Spanish composer Tomás Luis de Victoria, whose death 400 years ago is commemorated this year. The audience will also have the pleasure of hearing the Carollers' a cappella renditions of Italian and Elizabethan madrigals, French chansons and a Latin Mass by German composer Hans Leo Hassler, among other sacred works.

The Stairwell Carollers, who have received both provincial and national recognition for singing excellence, are equally proud of their philanthropic initiatives. They raise funds through concert ticket sales, an anniversary cookbook and profits from their six CDs. In addition to the \$7,500 granted in scholarships, the choir has donated a total of \$41,350 to dozens of local charities.

2011 Spring Concert Season

Sunday, June 5, 3:00 pm: National Gallery of Canada, Rideau Chapel, 380 Sussex

Wednesday, June 8, 7:30 pm: St. Columba Anglican Church, 24 Sandridge Rd.

Sunday, June 12, 4:00 pm (mass): Eglise St-Joseph de Hull, 245 Blvd Saint-Joseph, Gatineau

Saturday, June 18, 7:30 pm: St. Barnabas Church, 70 James St. (at Kent Street)

Tickets for the June 18 concert are available in advance from **The Leading Note** (370 Elgin St.), and at the door, for \$15 (admission is free for children 12 and under).

Please visit www.stairwellcarollers.com for further information about the Stairwell Carollers.

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Come with your family and friends to Beechwood's free Annual Historical Walking Tour.

This year's theme is: Hockey Heroes at Beechwood! The tour includes twelve stops at the gravesites of men and women who played or promoted the great sport of hockey, including James Creighton, the father of modern hockey, and Shirley Moulds, one of hockey's first female stars. Costumed actors will bring these historical figures to life. You will learn about the history of early hockey in Ottawa, and travel back to a time when the Ottawa Senators won the Stanley Cup four years in a row.

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Photo: Liba Bender

Lisa Allen (left) poses with Monique Dugas of Clothes Encounters of a Second Time on Beechwood. Monique has given dresses to the Grade 8 girls at Queen Elizabeth school for their graduation this year.

Queen Elizabeth School Graduation Initiative Looking for Donations

Queen Elizabeth School is looking for donations of dresses, skirts, blouses, scarves and gloves suitable for Grade 8 girls to wear to their June graduation. Perhaps you, your daughters or granddaughters have gently used items to contribute.

Last year, teacher Lisa Allen discovered that some girls were not planning to attend their graduation for lack of "something nice" to wear. She found dresses for girls and the initiative was such a success

that she is organizing the drive again this year with the help of kind donors, such as Monique Dugas of Clothes Encounters of a Second Time on Beechwood, who has kindly donated dresses for the event.

If you have an item to pass on, please contact either Lisa Allen at lisa.allen@ocdsb.ca (613-746-3246) or Liba Bender at libabender@yahoo.ca (613-746-4884).

Items may also be dropped off directly at the school c/o Lisa Allen.



Crichton's Permanent Influence in My Thoughts

All it took was reading over a past copy of one of this year's *New Edinburgh News* editions to bring back fond memories of Crichton School; it sparked incredible feelings of goodness, remembering the powerful effect of the school that I attended for a few years before it closed at the end of my Grade 2 year in June 1999.

I have read throughout the recent decade about the strong community battle to keep this community centre the heart of New Edinburgh. While I am fervently cursing opponents such as the School of Dance in my mind, I still think about what I could do to help, even if Crichton is not a part of my immediate surroundings here in Peterborough, Ontario.

I have come to recognize the importance of contributing to a good cause.

Whether it be voting for the first time in a federal election (which I am proud of having done just that!) or taking a stance against university administrators who feel that cutting international develop-

ment studies classes will not be a loss for students and faculty (which is the unfortunate current reality here at Trent University); I want to contribute to permanent goodness!

I feel that with the battle to keep Crichton public making the local headlines, it is the right time for me to speak up.



I really do not want Crichton to be sold off. I want to be able to move back to Ottawa one day and once again take part in Crichton activities.

Even though Crichton closed and I ended up transferring to a different alternative school elsewhere, I still kept "in touch" with the "Crichton" community. I went to art classes at the community centre, attended the all boy's ballet class (when

I thought the School of Dance was good for Crichton), and so many other community activities that allowed me to really embrace my community and gave me a sense of feeling at home.

Crichton's influence certainly has accompanied me through a good part of my life.

Even after all of these years have passed by, I am still hoping for the best for those in New Edinburgh and for those who value Crichton to be a part of their life.

Attending the recent Crichton homecoming celebration reaffirmed my desire to keep in touch.

Very rarely do we have the opportunity to save a connection. I rely more and more on the hope that I will see old friends again, and be able to live in Ottawa and take part in furthering Crichton as a beautiful community gathering place.

It would be quite sweet if a coffeehouse were to open up in the old school building; but we have to save the building first before that can happen!



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Air Conditioning: There are Consequences *and* Alternatives

By Hugh Robertson

The inevitable smog days of summer with their high humidity levels will soon descend on us. But before hiking up the air conditioning, there are some alternatives that will help both your bank account and the environment.

The trouble with air conditioning

Although the coal generating plants in Ontario are gradually being phased out, they are frequently still cranked up to full power to meet the demand for air conditioning on hot summer days.

If there is insufficient generating capacity in Ontario, our power authority has to import expensive electricity from the US. The imported power usually comes from the coal fired plants in the Ohio Valley.

Coal fired electricity increases ground level smog and ozone and exacerbates global warming in the upper atmosphere. Because of the prevailing winds, most of the air pollution created in Ohio blows into Ontario. So we are importing both health problems and global warming in addition to electricity.

Fossil fuel use for air conditioning triggers what scientists call a **feedback loop**. The more air conditioning we

use, the more fossil fuel electricity is generated, creating increased emissions of greenhouse gases which increases summer warming and that in turn increases the demand for air conditioning. And so the cycle continues, poisoning our air and heating up the atmosphere.

To cool the interior of our homes, heat must be transferred outside: this is the basic principle of air conditioning. The transfer of heat further warms the outdoor air. It is estimated that air conditioning probably increases the ambient temperature of Toronto in the summer by 2 degrees. This phenomenon is another example of a feedback loop.

Unless we break this cycle, Tim Flannery, author of *The Weather Makers* and other important environmental books, warns that indiscriminate air conditioning will cook the planet.

Let us not look to nuclear energy to fuel our air conditioners. The tragedy of Fukushima is sufficient evidence that the health, environmental and financial costs of nuclear power are too frightening to contemplate.

We can only break the air conditioning feedback cycle by reducing our summer demands through conservation mea-

asures. More efficient air conditioning units are not a solution because research shows that more efficient machines, such as automobiles for example, simply increase our consumption of energy through greater use. It is behavioural change not technological innovation that will mitigate the health, environmental and financial costs of air conditioning.

Another reason to cut back on air conditioning is that "time of use pricing" for electricity will be introduced later this year in Ottawa and excessive use of your air conditioner will send both your hydro bill and greenhouse gases soaring.



Here are some alternatives:

- Instead of purchasing an air conditioning system or replacing your present unit, consider installing awnings over south facing windows and patio doors.
- Close blinds and curtains during the day to keep the sun's rays out.
- Use overhead, oscillating

or box fans to move the air around.

- You can keep cool outdoors in the evenings under an awning in a screened porch by using a portable fan.
- Open windows at night to allow cool air to flow through the house.
- Suck night air through the house by installing a box fan at one end of the house blowing air out while leaving only one window open at the opposite end.
- If your roof needs reshingling, consider light coloured shingles that will reflect the heat of the summer sun.
- If you have to replace your driveway, consider a light coloured surface to reduce ambient temperatures around the house.
- Inadequate ventilation and insulation in your attic space will increase temperatures in the house.
- A well insulated house will hold cool air better.
- Minimize the indoor use of any appliance that generates heat in summer.
- Turn lights off during the day, especially incandescent bulbs.
- Don't use an extractor fan because it will draw hot outdoor air into the house.
- Cook in the garage on a hot day using a slow cooker or an electrical element.
- Alternatively, cook outdoors on a solar cooker or a barbecue.
- Avoid using barbecues on smoggy days because of their particulate emissions.
- Serve cold buffets in warm weather or prepare a picnic meal.
- Some foods, such as cold soups and granola, can be

cooked in winter and stored in the freezer for summer use.

- If you must cook indoors, use a microwave.
- Wait until the evening and open the windows before turning the dishwasher on.
- Bathe or shower in the evenings when the windows are open.
- Use an outdoor line or an "umbrella" to dry clothes.
- Iron clothes on a cool evening with the windows open.
- Sleep in the basement on hot nights with the windows open and secured.
- Set your air conditioning thermostat no lower than 26 degrees.
- Join Hydro Ottawa's *peak-saver!* program to reduce your electricity bills and to ease pressure on the environment. Visit www.hydroottawa.com for details.
- If you need to replace your air conditioner or purchase a new system, consider buying a small unit and only cool one room.
- If you have to use your air conditioner, use it sparingly. There are probably only 10 days in a summer that are excessively hot.
- Be considerate of your neighbours before turning on your air conditioner, especially at night, because some units are noisy.

There are health concerns about the quality of indoor house air and because we spend so much of the winter closed in, summer provides an opportunity to reconnect with nature and enjoy the fresh air flowing through our houses. It also provides an opportunity to reconnect with our neighbours instead of being isolated in our summer igloos.

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Remembering Father's Day

By Douglas Cornish

When we were small my parents took us to a Sunday afternoon gathering. A man talking to my father had just come in from outside and said: "Doesn't it bother you that your kids are out polishing one of the guest's cars with sandpaper?"

"No, it doesn't bother me," my father replied.

The man then said, "You know, you're just like my Dad. He always said that when we're finished growing the kids, we'll grow the grass."

My father believed in children first. He didn't believe that children were supposed to be seen and not heard. The grass on our front lawn was patchy and "kid ridden" for years. My father's commitment to his family always amazed me. Putting up with five children (four of whom were rambunctious boys) required patience.

One day, a five year old across the street sat in his father's car and accidentally released the emergency break. The car rolled down their drive, across the street, onto our front lawn, stopping only when it smashed into a wooden lawn chair near our house.

The five year old's father was embarrassed; my father never flinched. His reaction: 'Just so long as no one was hurt.'

Perhaps his patience came from his upbringing, or perhaps just from deep within him. He came from a privileged family. His father was a physician in a small southern Ontario town. In the Depression years my father was away at private school. In spite of this upbringing he didn't turn out to be a snob or think he was better than others. He was always a gentleman, but at times could be wonderfully naive. His school chums always teased him about his first day at St. Andrew's. Two boys were carrying out a long rug from the Dormitory. My father politely held the door for them. "Thanks you very much," they said.

"Oh, not at all," my father replied as the two boys carried the long rug out through the doors. As it turned out, they were stealing the rug from the Dorm!

My father's humanity probably came from his father. My aunt always tells a story about my grandfather and the day a man came to his office. The man asked my grandfather,

"Do you know me?"

My grandfather looked at the man and said he didn't know him. The man explained that as a teenager he stole some drugs from my grandfather's office, but got caught. My grandfather, being influential in the community could have thrown the book at this kid, but he instead took the time to talk to the judge, convincing him to give the kid a second chance, rather than jail.

The man further explained that because of my grandfather's actions he decided to finish his schooling, moved to California, got a good job, married, and raised a fine family. He said that he had promised himself that one day he would return to thank my grandfather.

My grandfather's humanity and belief in people rubbed off on my father. My father lived the belief that 'If you can't say something nice about somebody, doesn't say anything at all'. He was a great encourager.

My father also liked to tell stories—like the Scottish woman who had just lost her husband. She sent the death notice into the local paper;

it read: "MacDougall died." The local editor rang her up, explaining that obituaries in his paper must be "five words minimum."

The woman sent it back in. It now read: 'MacDougall died. Volkswagen for sale.'!

My father loved that story, probably because our mother was of Scottish heritage. (You'd have to be Scottish to get that joke!).

Or he'd tell of the widow who recently buried her wealthy husband. When asked what she was going to do with the money, she said that most of it went for the funeral service—what was left was spent on a stone. She then held up her hand revealing an enormous

diamond ring, saying, "And how do you like the stone!"

When I think of my father who died 12 years ago, it's not in sadness because he's gone. I still mentally smile at his funny stories. I still marvel at his commitment to his family. I think of his kindness, and the fact that he was not only a gentleman from a more elegant era, but also a gentle man.

Time acts as a telescope at times, a microscope other times, and still other times—a mirror. It's nice to have a day set aside for his memory. Father's Day is not only for living fathers, but for those who live on in the memory of every thankful child.

2011/12 Chamber Concert Series Marvellous Music at MacKay

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MacKay will next host Julie Fauteux, french horn,

and Jean Desmarais, piano, in concert on **Saturday, March 10, 2012 at 7:30 pm.**

The series will close with a string concert on **Sunday, May 13, 2012 at 7:30 pm.** They plan to perform Schubert's cello quintet. Watch for other concerts at MacKay throughout the year.

For more information visit www.mackayunitedchurch.com.

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Summer Reading Suggestions from Books on Beechwood

Hilary recommends:

Amy and Roger's Epic Detour by **Morgan Matson** (12+)

After her father's death, Amy has to drive her family car from California to Connecticut, where she and her mother will be moving. With some help from Roger, a family friend, Amy discovers the incredible healing power of the open road. This book will immediately become an all-time favourite!

Along for the Ride by **Sarah Dessen** (12+)

Since her parents got divorced, Auden hasn't been able to sleep at night. Always treated as a "little academic" by her professor parents, it's not until Auden visits her father for the summer, that she meets fellow insomniac Eli and discovers that for some things, it's never too late to learn.

The Accidental Hero by **Matt Myklusch** (8-12)

Jack doesn't know where he comes from or even what his last name is. For the first twelve years of his life all he's known is the depressing life provided to him by St. Barnaby's Home for the Hopeless, Abandoned, Forgotten, and Lost. Then, Jack's life gets turned completely on its head: he almost gets blown up by a Robo-Zombie and a secret Agent arrives to take him to the mystical Imagine Nation!

New Picture Books

Some great picks are *Bedtime Without Arthur* by **Jessica Meserve**, the story of a young girl who has to try to go to sleep without the comfort of her favourite teddy bear; *Dog Loves Books* by **Louise Yates**, which features an ador-

able little dog who loves books so much that he decides he has to share them with all his friends; and *Duck at the Door* by **Jackie Urbanovic**, a book about a duck who decides to overwinter in a house full of dogs and cats instead of flying South.

Antoinette Recommends:

State of Wonder by **Ann Patchett** (paperback)

As good as "Bel Canto" if not better!

Wait for Me by **Deborah Mitford**, the Duchess of Devonshire.

The Tiger: A True Story of Vengeance and Survival by **John Vaillant** (paperback)

Jill Recommends:

The Paris Wife by **Paula McLain**.

Hadley Richardson marries

Ernest Hemingway. This novel is the story of the couple's tempestuous relationship and the times and cities in which they lived. It is a wonderful, absorbing read.

Sanctuary Line by **Jane Urquhart**.

Jane's latest novel is a perfect novel for a warm summer's day.

Cutting for Stone by **Abraham Verghese**.

This novel is already proving to be a popular selection for book clubs.

Irma Voth by **Miriam Toews**. Miriam's latest semi- autobiographical novel about a Mennonite community is receiving very favourable reviews.

Jean Recommends:

Two new biographies in the *Extraordinary Canadians* series, *Wilfrid Laurier* by **Andre Pratte**, and *Maurice Richard* by **Charles Foran**.

Judy Dench has written a memoir, *And Furthermore* which can't help but be a wonderfully entertaining read.

Have you read *Salmon Fishing in the Yemen*? At least as good is *The Hopeless Life of Charlie Summers* by the same author, **Paul Torday**.

Just arrived, and eagerly awaited, is **Elizabeth Hay's** new novel, *Alone in the Classroom* and already getting very posi-

tive reviews.

At least two of Ottawa's mystery writers have new offerings. **Mary Jane Maffini's** *The Busy Woman's Guide to Murder* is as entertaining as the title would indicate. **Vicki Delany's** *Among the Departed* is #5 in the *Constable Molly* series, a great series not to be missed by mystery lovers

Di recommends:

For the very young reader:

Dear Hound by **Jill Murphy** (noted for *The Worst Witch* series) is a delight, as is *Roland Wright Future Knight* the first book in a promising new series by **Tony Davis**.

A sometimes overlooked classic is *The Reluctant Dragon* by **Kenneth Grahame**. It is a perfect children's book with unique, lovable characters, lots of humour and a brilliant plot.

For the middle reader:

Knightley Academy by **Violet Haberdasher** is the start of a new series and is reminiscent of the Harry Potter books in its instant attention-grabbing cleverness and humour.

A new **Gail Carson Levine**, *A Tale of Two Castles* is another sure-fire winner with a remarkable, feisty heroine.

Extra Credit by **Andrew Clement** is an interesting topical story of pen-pals in the United States and Afghanistan.

For the older reader:

Buying or Selling?

"... I remember that I was struck with a tremendous sense of relief at how lucky we were in our choice of real estate agents." - R.W. and A.J.

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Annual Outdoor Summer Concert Series

May 31, 7 pm - Gloucester Community Band

June 12, 2 pm - Manotick Brass Ensemble

July 17, 2 pm - Andrew Snow & Alex Tsertsvadze

August 28, 2 pm - Anna Baksheeva and Alexander Rybydailo

Refreshments will be served.

Annual Strawberry Social

Saturday, June 18, 2:00 pm - 4:00 pm

Enjoy delicious strawberry delights and music from the popular Grey Jazz Combo.

To RSVP or for more information please call

613 564 9255.

150 Stanley Ave. Ottawa, ON.

The Devil and His Boy is a gem from a master storyteller, **Anthony Horowitz**. It is a gripping historical adventure of Elizabethan England.

David Recommends:

Trauma Farm: A Rebel History of Rural Life by **Brian Brett**.

The Boreal Gourmet: Adventures in Northern Cooking by **Michele Genest**.

And when summer's over... Books on Beechwood's Book Club Selections for 2011-2012

Once again, beginning this September, the Books on Beechwood Book Club will be meeting on the last Wednesday of the month at 7:30 pm in the Lounge, 2nd floor of the New Edinburgh Square Retirement Residence. New members are always welcome!

The book club selections reflect current fiction and non-fiction. Each month, the selected book becomes the Book of the Month for the bookstore, and is sold at a 20% discount to all customers.

Should you have any questions about the Book Club, please call **Jill Moll** at Books on Beechwood, 613-742-5030.

Here's the List for Fall/Winter 2011-2012:

The Lacuna by **Barbara Kingsolver**, winner of the Orange Prize and short listed for the 2011 IMPAC award.

The Bolter by **Frances Osborne**. The story of Idina Sackville and Kenya's scandalous "Happy Valley Set"

Brooklyn by **Colm Toibin**, short listed for the 2011 IMPAC award.

Ransom by **David Malouf**, short listed for the 2011 IMPAC award.

Let the Great World Spin by **Colum McCann**, winner of the National Book award and short listed for the 2011 IMPAC award.

The Wisdom of Donkeys: finding tranquility in a chaotic world, by **Andy Merrifield**, an "absolutely charming, lovely, and loving book."

Caleb's Crossing by **Geraldine Brooks**, author of the *People of the Book* and *Year of Wonders*.

The Elgin Affair: the Abduction of Antiquity's Greatest Treasures and the Passions it Aroused by **Theodore Vrettos**.

Love and Summer by **William Trevor**, a *Globe and Mail* Best Book, long listed for the Man Booker Prize and short listed for 2011 IMPAC award.



Author Gary Miller will be signing copies of his new book *Miller's Tales (and Poems)* at Books on Beechwood on June 18.

Book Signing With a Local Twist

By Liba Bender

Gary Miller began writing in Grade 8. At that time it was just a hobby. But after retiring from teaching 29 years of high school in 1995, he began to write more frequently. Gary has published four chapbooks (booklets) and won a few prizes in contests, including the City of Ottawa's 55+ Short Story Contest.

His newest endeavour, *Miller's Tales (and Poems)*

which was released in April, is a collection of poems ranging from haikus and sonnets to limericks and rhyming couplets, mixed with essays, short stories and postcard short stories.

On June 18, Gary will be at Books on Beechwood for a book signing from 12 to 2 pm. He will be donating \$5 from the sale of each book to the Beechwood Fire Fund.

Answers to April Crossword

- | | | |
|----------------|------------------|--------------|
| 1. community | 12. harper | 23. affairs |
| 2. bartholomew | 13. green | 24. avonlane |
| 3. sconewitch | 14. meilleur | 25. frasier |
| 4. thomas | 15. lesters | 26. crichton |
| 5. lindenlea | 16. piccolo | 27. hosers |
| 6. thursdays | 17. emblem | 28. tartan |
| 7. johnston | 18. newedinburgh | 29. fernhill |
| 8. emerald | 19. porter | 30. maple |
| 9. dufferin | 20. sleighride | 31. mason |
| 10. belanger | 21. harrison | |
| 11. keefer | 22. lumiere | |



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Summer Programs

Sonia Doyon
Public Service Supervisor, Rockcliffe Park Branch
www.biblioottawalibrary.ca

Splash! Summer Reading Club 2011

As of June 22, get your poster, activity booklet, stickers and have fun in the "water" with our 2011 Summer Reading Club for kids

Dès le 22 juin, viens chercher ton affiche, ton cahier d'activités, tes collants et amuse dans « l'eau » à l'aide de notre Club de lecture estivale 2011.

Water Wonders

Witness the wonders of water as Dr D. Science makes it magically disappear, learn a song about how our planet recycles water, make a "Qwacky" sound maker and also a plant sprayer to take home!

Age: 6-12. Max participants: 25. 60 min.
Registration: as of June 22 2011

Date: Monday July 25 at 10 am



For the Birds



By Jane Heintzman

This glorious time of year takes me back to the time when our sons were babies and the concept of “sleeping in” was an elusive fantasy. In recent weeks, we’ve been awoken each morning at roughly 4:30 am by the clarion calls of a **cardinal** pair nesting close to our house, followed shortly thereafter by an explosion of song, whistles, chips and chatters from **American robins**, **house finches**, **purple finches**, **American goldfinches**, **song sparrows**, **white-crowned sparrows**, **chipping sparrows**, **European starlings**, **red-winged blackbirds**, **European house sparrows**, **American crows** and sundry other members of the bird community resident in our vicinity. Just as a crescendo is reached and the volume begins to taper off, a second wave of cacophony begins to swell from the colony of **Canada geese** nesting not far away on Green Island, occasionally punctuated by the more welcome quacking of **mallards** dabbling near the shoreline of the Rideau River.

Throughout most of April, the dominant bird populations in our back garden were **common redpolls** and **dark-eyed juncos**. Both species turned up in large numbers, often descending in groups of 20 or more, and consuming our supplies of safflower seed at record speed. While they were around, they appeared to keep the less aggressive species at bay, in particular the **house finches**, **purple finches**, and **American goldfinches** which normally populate our two

nyjer feeders. Only a tiny **song sparrow** pair nesting near our crab apple tree, along with several pairs of **American robins**, managed to breach the defences of the redpolls and juncos, and to co-exist in the garden, foraging on the lawn and in the flower beds.



Photo: Wade Clare

Dark-eyed junco.

Most readers are familiar with the **dark-eyed junco**, with its handsome gray plumage and signature white tail feathers which you can’t fail to notice when it takes off in flight. The junco is now one of the most common birds in North America, with a population recently estimated at about 630 million. On migration to their northern breeding grounds in the Hudson’s Bay lowlands and Northern Shield regions, they find temporary stopovers in open woodlands, fields and gardens like ours where they fuel up for the final leg of their journey.

Like the junco, the **common redpoll** breeds in northern areas, with highest densities in the tundra along the Hudson’s Bay and Northern James Bay shores. Its nesting period is relatively late, beginning in late May to mid-June, with a second brood produced as late as August. As the Winter Finch Forecast for 2010-2011 cor-

rectly predicted, the redpolls’ spectacular breeding season in 2010, combined with the widespread failure of the white birch crop across Northern Canada, did indeed result in an unusual abundance of this species in our area this year, and it’s only in the last ten days that their numbers have significantly diminished as they head north to begin the serious busi-

ness of breeding.

Once the redpoll and junco populations began to thin out, the colour returned to our garden as brilliant yellow **American goldfinches**, along with **rosy purple finches**, **house finches** and the occasional **pine siskin**, came back to the nyjer feeders. I was intrigued to read in the most recent edition of *Bird Watch Canada* (Spring 2011) that this year’s **Project Feeder Watch** reported sightings of **pinkish-coloured goldfinches** in parts of Ontario, an anomaly which ornithologists attribute to diets that are unusually rich in carotenoid pigments. I did, in fact, spot precisely such a specimen on Union Street about a year ago, but wrote it off at the time to failing eyesight and/or too late a night!

The colourful finch population has recently been joined by a growing contingent of ground foragers ranging from **mourning doves** to **American robins**, **song sparrows**, a **white-throated sparrow** pair, several **American tree sparrows**, and beginning on Mother’s Day when they made their timely entrance, a group of **white-crowned sparrows** that for several years have made our garden their regular way-station on both the migration north to Hudson’s Bay in spring, and the return journey south in the fall.

One unusual visitor to the garden earlier this spring was a lone **field sparrow**. At first glance, the field sparrow is a non-descript little guy with a

clear, buff coloured breast, a rusty coloured crown and a predominantly gray face (just another ‘brown bird’!), but on closer inspection, it has two clear distinguishing features: a bright pink bill and a conspicuous white eye-ring.

Another unaccustomed passer-by was a large male **mallard** which perched on our garden fence, very close to the feeders, seemingly attempting to figure out a discreet way to share in the bounty being gobbled up by the foraging song birds. Sadly he failed to square this circle, and eventually flew off to join his cronies by the Rideau River.

Another significant event in our garden this year, which has proven both a mixed blessing and something of a mystery, is the creation of an **American crows’** nest in one of the tall pines at the back of our property. The building process began in mid-April when a steady succession of crows swept in bearing beaks-full of sticks and twigs, and flapped out again to replenish supplies.

The nesting process is a family affair for crows, not simply the work of the breeding pair. Young crows don’t breed until they are at least 2 years old (more often 4), and in the interim they stick around to help their parents produce the next generation, helping to prepare the nest and raise the young. While I haven’t been able to keep an exact count, to all appearances there are at least 2 young helpers engaged in our backyard operation, one of which decided to take a run at our feeders, but swiftly gave up when its sense of balance proved unequal to the task.

While crows’ nests are comparatively large (up to 19” wide and 15” deep), these wily birds are skilful at hiding their nests on horizontal branches close to the tree tops to protect them from marauders. Well, they are so skilful that so far, I’ve been unable to actually spot the nest, although I regularly observe crows lighting at the tree tops and taking off again. There is, however, at least another month in which to find the elusive spot, as the nestlings will be in residence for 20 to 40 days after they hatch, and I’m guessing that if all else fails, the noise will draw me to the site!

Most readers will recall that April brought its legendary showers in extraordinary quantities this year, and on one of its wettest days, I had an excited alert from fellow-birder **Philip MacAdam**. A **long-eared owl** had settled in the cedar tree only feet from Philip’s second

floor window, and remained there for the day, comfortably roosting while sheltered from the driving rain. I paid several visits to get a close look at the owl, which stared me down with its brilliant yellow eyes set in a tawny-coloured facial disk.

As its name implies, the species is distinguished by conspicuous ear tufts in the centre of its head. While these tufts have nothing whatever to do with hearing, according to ornithologists, they do serve the very practical purpose of making the owl appear larger and more intimidating to other owls. By evening, the owl had disappeared, embarked no doubt on its nightly hunt for small rodents, which it can allegedly catch in total darkness, thanks to its particularly acute hearing.

In our rambles beyond the garden this spring, we’ve had a number of interesting encounters, beginning with the sighting of a splendid young **great blue heron** on the bank of the Rideau River not far from our front door. In addition to the predictable cast of characters encountered in the Rockcliffe area, notably **blue jays**, **song sparrows**, **chipping sparrows**, **American robins**, **red-winged blackbirds**, **black-capped chickadees**, **pileated**, **downy** and **hairy woodpeckers**, we spotted (and heard) an **Eastern phoebe** and a number of **ruby-crowned kinglets** in the Rockeries.



Photo: David Bellilo
Long-eared owl.

At only 3-4” in length, the **ruby-crowned kinglet** is one of the smallest song birds in North America, and as the name implies, the male sports a red patch on its crown, though this is often not visible. What it lacks in size, however, it makes up for in volume, producing an amazingly loud, long and cheerful song to establish its



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|---|---|

breeding territory, an option which ornithologists conclude is more energy efficient than chasing off invaders and a whole lot less risky!

Once again this year, a **sharp-shinned hawk** pair was in evidence in the Rideau Hall woods off Princess Avenue close to a former nesting site. While I spotted them numerous times over the course of a few weeks in April, they seem never to have attempted to re-establish the nest in question as they did (unsuccessfully) last spring. They were a noisy pair, however, and on one occasion, I observed the female (which is close to twice as large as the male) standing on her mate's back, flapping her wings and screeching with great gusto. Closer to home in Stanley Park not far from the playground, I encountered a merlin perched on top of a telephone pole, presumably waiting to dive for an unsuspecting song bird. The **merlin** is a small falcon which has become a regular breeder in urban areas and is something of a hazard around bird feeders.

A truly unexpected birding encounter took place in early May when we (or rather our dogs) flushed a female **ruffed grouse** from under a cedar hedge in Rockcliffe. I'm told that this sighting is a relative rarity, as ruffed grouse are notoriously shy and beautifully camouflaged, but I credit must go to the sharp nose of my female Lab Becky who was quick to sniff out its presence beneath the hedge.

While I've received numerous reports of returning **warblers** in our area in recent weeks, to date I have spotted comparatively few. In very early May, I came across two **pine warblers** located, not surprisingly, in a thicket of tall pines close to the Rockeries. Sticking to the theme of Name/Place appropriateness, in mid-May I watched as two male **American redstarts** darted among the tall maples in the grounds of the American Ambassador's residence off Lisgar Road. And on a stroll through the Rockeries later in May, we heard (though didn't see) a number of **common yel-**



Photo: Wade Clare

Pine warbler.

low-throated warblers, easily identified by their characteristic "*witchety, witchety, witchety*" call.

On the rivers this spring we've encountered numerous glossy **mallard** pairs, **common mergansers**, **hooded mergansers**, **Canada geese**, a lone **common loon** cruising on Mackay Lake, and a dense cloud of tree swallows swooping down low over the Rideau River, no doubt picking off a rich harvest of insects hovering at the water's surface.

Reports from our Readers:

Our resident expert **Edwin Daudrich** has had a fruitful spring of birding, much of it right here in our neighbourhood. In the course of April and May, Mr. Daudrich's New Edinburgh sightings included **common mergansers**, **hooded mergansers**, **wood ducks**, **common goldeneye**, **pie-billed grebe**, **double-crested cormorants**, **ring-billed gulls**, a **great blue heron**, **mallards**, **barn swallows**, **tree swallows**, **common redpolls**, **dark-eyed juncos**, **house finches**, **American goldfinches**, **American robins**, **Northern cardinals**, **song sparrows**, **white-throated sparrows**, **chipping sparrows**, **white-crowned sparrows**, **brown creepers**, **Northern harrier**, a **merlin**, **golden-crowned kinglets**, **white-breasted nuthatches**, **downy woodpeckers**, **common grackles**, **turkey vultures** and an **Eastern phoebe**. In recent weeks, in late April and early May, he also spotted several species of

warbler here in the Burgh, including the **yellow**, **yellow-rumped**, **northern parula** and **palm warblers**.

Farther afield in the **Mud Lake** area, Mr. Daudrich reported a wide variety of species, including a litany of returning **warblers** ranging from the ubiquitous **yellow-rumped warbler** to the **pine**, **palm**, **American redstart**, **Nashville**, **black-throated blue**, **yellow** and **northern parula warbler**. His other sightings in the area included **American tree sparrows**, **red-necked grebe**, **horned grebe**, **northern flicker**, **Cooper's hawk**, **lesser scaup**, **black-crowned night heron**, **green heron**, **belted kingfisher**, **wood ducks**, **common mergansers**, **common loons**, **bufflehead**, **osprey**, **great blue heron**, **blue jays**, **common raven**, **pileated**, **hairy** and **downy woodpeckers**, **warbling vireo**, **Eastern phoebe**, **gray catbird**, **Baltimore oriole**, **rose breasted grosbeak**, **killdeer**, **brown-headed cowbird** and a **hermit thrush**.

In the course of two excursions to Mer Bleu, Mr. Daudrich spotted several additions to the lists above, notably **American bittern**, **yellow-bellied sapsuckers**, **Eastern kingbirds** and **swamp sparrows**.

Birding reporter **Vicki Metcalfe** has had some fruitful dog-walking rambles this spring, encountering a variety of species in our general area, including **juncos**, innumerable **song sparrows**, **blackpoll** and **yellow-rumped warblers**, **common goldeneye**, **buffle-**

head, **common mergansers**, **wood ducks**, **tree swallows** on the river, several **fluffy goslings**, and a **Cooper's hawk** (she thinks!) on a nest along the bike path just this side of Montreal Road. Vicki's fellow dog walker **Mo** also reported having sighted pairs of **Northern shovellers** and **hooded mergansers**, a **palm warbler** and a **merlin's** nest on the Vanier side of the St. Patrick Street bridge.

Over at the **Macoun Marsh**, Science teacher **Mike Leveillé** and his class of young naturalists from St. Laurent Academy reported numerous species in the area earlier this spring, notably **black-capped chickadees**, **Northern cardinals**, **dark-eyed juncos**, large numbers of **common redpolls**, **American robins**, **red-winged blackbirds**, **common grackles**, **song sparrows**, **tree sparrows**, a **white-throated sparrow**, a **fox sparrow**, **mourning doves**, **northern flickers**, **mallards**, **ring-billed gulls** and countless **European starlings**. Mike also got a striking photo of a **broad winged turkey vulture** cruising over the Marsh earlier in April.

As I mentioned earlier, **Philip MacAdam** had an unexpected visit from a **long-eared owl** which spent a rainy Saturday perched in a cedar tree directly outside Philip's bedroom window on Alexander Street. And as always, "Phil's Avian Bistro" was hopping this spring, with a cast of regulars including **Northern cardinals**, **house finches**, **purple finches**, **American goldfinches**, **common redpolls**, **dark-eyed juncos**, **black-capped chickadees**, **mourning doves** and a **chipping sparrow**.

Early one morning, Philip was also lucky enough to spot a beautiful be-speckled **hermit thrush** right outside his kitchen window. In an early-morning excursion Pine Hill woods, he had a close encounter with a large hawk, which he believes may have been a **rough-legged hawk** but which

flew off before he could confirm the identification. A few minutes later, he came across a **turkey vulture** perched ominously in a tall spruce tree, and being harassed by crows.

Former Manor Park naturalist **Dave Collyer**, now relocated to a country property in central Alberta, has had a magnificent spring of bird watching as the hordes of returning migrants in the area flew over his domain. Among his highlights of the season were hundreds of **snow geese** and **white-fronted geese** flying overhead, and the arrival of **song sparrows**, **Northern flickers**, **horned grebe** engaged in a mating dance, **red-necked grebe**, **mallards**, **green-winged teal**, **greater scaup**, **common goldeneye**, **bufflehead** and **common mergansers**. Dave also reports that a **black-capped chickadee** pair has moved into a decaying tree close to his garage "thanks to a **pileated woodpecker** who carried out the renovations!"

Sadly, our birding reporter/photographer **Peter Glasgow** is among those residents who were forced to evacuate their apartments on Mackay Street following the fire, and has been living in temporary quarters ever since. Despite the unimaginable distress and dislocation involved in the whole experience, however, Peter was resilient enough to spot a **peregrine falcon** from the back of his motel on Rideau Street. The bird landed on a ledge on the 11th floor of an office building where it roosted for the night, but unfortunately had disappeared by the morning. Peter reports that he hoping to "migrate back to New Edinburgh" very soon, and we look forward to his return. His daughter Isabel, also an accomplished birder, beat me to the punch this spring by spotting both **yellow-rumped** and **black and white warblers** in Stanley Park in late April.

Best wishes to all our readers for a safe and happy summer, with excellent birding wherever you may go!

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Burgh Bulletin Board

June Events

June 4 & 5

DOORS OPEN OTTAWA
Come see for yourself why Doors Open Ottawa has become one of the city's favourite rites of spring and the second largest Doors Open event in Ontario! For a complete list of participating

buildings, please go to ottawa.ca/doorsopen.

Sun., June 5, 3 pm

STAIRWELL CAROLLERS concert at the National Gallery of Canada. (See page 30 for more details.)

Mon., June 6, 6 pm

FILM SCREENING of *Teaching the Life of Music*,

What's On at Rideau Hall

VISITOR CENTRE

Stop by the Visitor Centre, where you will learn about the role and responsibilities of the governor general, as well as the history of Rideau Hall, through an interactive exhibit. You can also pick up a copy of the *New Edinburgh Heritage Walking Trail* brochure.

The Visitor Centre and Gift Shop are open daily until Sept 5, from 10 am to 5 pm.

CEREMONIAL GUARDS

In this much-loved ceremony, watch sentries, led by a piper, march to their posts at Sussex Gate and in front of the residence.

The *Relief of the Sentries* runs June 27 to August 26, every hour, on the hour, from 9 am to 5 pm.

FAMILY ACTIVITIES

In the summer, families are welcome to stop by the Visitor Centre and sign up for kids' activities. Come bring a picnic while your children enjoy the play structure nearby.

All family activities are offered daily at the Visitor Centre, June 27 to Sept 5.

Follow the Tell-a-Tale Trail: This treasure hunt is designed to challenge young and old

alike with a quest to find secret words along the trail. Fun and educational for the whole family! Ask for your brochure upon arrival.

Heraldry: Discover Canadian heraldic art from yesterday and today. Create your own coats of arms with symbols from your family heritage.

VISIT THE RESIDENCE AND SPECIAL EXHIBIT

Follow the tours of the ceremonial rooms, where Canadians are honoured and dignitaries are welcomed. Guided tours are free of charge and are also offered on statutory holidays.

SPRING (April 30 - June 26): Weekends, 10 am to 4 pm; Weekdays, reservations required

SUMMER (June 27 - Sept 5)*: Daily, 10 am to 4 pm.

* In July and August, come in the morning and visit the residence at your own pace. This open house format is ideal for groups or families with young children.

Don't miss our current exhibition entitled *National Capital Commission Official Residences Crown Collection*.

For additional information please visit www.gg.ca.

NEW EDINBURGH NEWS

organized by OrKidstra, and organization that provides children from lower-income areas with free music lessons and the opportunity to play in an orchestra and/or sing in a choir. www.leadingnotefoundation.org.

Wed., June 8, 7:30 pm

STAIRWELL CAROLLERS concert at St. Columba Anglican Church. (See page 30 for more details.)

Sat., June 11

IODE HOUSE AND GARDEN TOUR This year's tour will feature houses in the Heritage Conservation District. There will also be two outdoor walking tours leaving St. Bartholomew's Church at 10:30 am and 12:30 pm. (See page 5 for more details.)

Sat., June 11, 9 am - noon

FRIENDS OF THE EXPERIMENTAL FARM

Guided Peony Tours from 9 am to noon. Get tips on what would work best in your garden and ways of keeping your peonies happy.

C.E.F. & Explorer Rose Tour at 1 pm. The FCEF rose team will be available to answer your questions. Information on the collection will be available to help you with a self-guided tour of the roses.

Park at the Canadian Agriculture Museum, south of Prince of Wales Traffic circle. Donations are gratefully accepted.

Sat., June 11, 10:30 am - 1 pm

FERN HILL SPRING FUN FAIR for children ages 2 to 12 on the school grounds at 50 Vaughan Street. The Fair will feature games and prizes, a BBQ and wagon rides.

Sat., June 11, 7 pm

DANCE UNDER THE STARS in support of the Friends of Landsdowne legal challenge. (See page 21 for

more details.)

Sun., June 12, 2 pm

BEECHWOOD CEMETERY HISTORIC TOUR Don't miss this stroll through beautiful and historic Beechwood, the National Cemetery of Canada. Costumed actors will bring historical hockey figures to life. (See announcement on page 30 for more details.)

Sun., June 12, 2 pm

SUMMER CONCERT SERIES at Governor's Walk with the Manotick Brass Ensemble. (See announcement on page 34 for more details.)

Sun., June 12, 4 pm

STAIRWELL CAROLLERS concert at Eglise St-Joseph de Hull. (See page 30 for more details.)

Thur., June 16, 7:30 pm

VERNISSAGE - Clara Hirsch's *Trees as Witnesses* exhibition begins at the Electric Street Studio. (See announcement on page 20.)

Sat., June 18, 12 - 2 pm

BOOK SIGNING by author Gary Miller at Books on Beechwood. He will be signing his new book *Miller's Tales (and Poems)*. (See page 35 for more details.)

Sat., June 18, 2 pm

STRAWBERRY SOCIAL at Governor's Walk. Enjoy delicious strawberry delights and music from the popular Grey Jazz Combo. (See announcement on page 34 for more details.)

Sat., June 18, 7:30 pm

STAIRWELL CAROLLERS concert at St. Barnabas Church. (See page 30 for more details.)

June 18 & 19, 10 am - 4 pm

BOOK SALE at the Central Experimental Farm. Thousands of books to choose from. Stock up on your summer reading. Free. Building 72, C.E.F., east off Prince of Wales traffic circle

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with Sunday School
& Nursery

39 Dufferin Road
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613-749-8727

10:30 a.m.



www.mackayunitedchurch.com

Mon., June 20, 7:30 pm

NECA BOARD MEETING at St. Bartholomew's Church. All welcome.

July Events

Fri., July 1, 11:30 am - 2 pm

STRAWBERRY SOCIAL
Come and enjoy a delicious strawberry treat while visiting the Canadian Agriculture Museum. Many holiday activities to choose from. Admission into Museum FREE. Social \$6.

July 8 - 14

MUSIC AND BEYOND FESTIVAL at Paroisse St. Charles on Beechwood. Classical music in all of its many formations including orchestras, choirs, bands, wind ensembles, recitals, baroque groups and small ensembles. Music and Beyond pursues links between music and other art forms and cultural disciplines. www.musicandbeyond.ca.

Sun., July 10, 11 am - 2 pm

NEW ED COMMUNITY PICNIC at the Stanley Park Fieldhouse. Bring a picnic, play some games, have fun, but no dogs, please! (See page 21 for more details.)

Sun., July 17, 2 pm

SUMMER CONCERT SERIES at Governor's Walk featuring Andrew Snow and Alex Tsertsvadze. (See announcement on page 34 for more details.)

Wed., July 20, 6:30 pm

10 MILE RUN at the Experimental Farm. Join the Friends of the Farm and the Run Ottawa Club for a runners' challenge. Take part in a 10 mile run on the C.E.F. Info and registration: <http://www.runottawaclub.com>.

Mon., July 25, 10 am

WATER WONDERS at the Rockcliffe Park Public Library. Witness the wonders of water as Dr. D. Science makes it magically disappear. (See page 35 for more details.)

August Events

Sun., Aug 7, 2 - 4 pm

VICTORIAN TEA at the Experimental Farm. Classic tea will be served on the lawns of the Arboretum. Bring a patio chair and listen to live music. Enter the best hat contest and don period costume (optional). Free, Formal Tea \$6. 613-230-3276, info@friendsofthefarm.ca, www.friendsofthefarm.ca.

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Cartoon by Heather Mathews

Sat., Aug 20, 10 am - 4 pm
ART ON THE FARM at the Experimental Farm. Artists working in various mediums will display and sell their original works under the trees of the Central Experimental Farm. Free.

Sat., Aug 20, Evening
LUMIERE EVENING OF LIGHT CELEBRATION at Stanley Park. Visit www.lumiereottawa.com for updates. (See article on page 22.)

Sun., August 28, 2 pm
SUMMER CONCERT SERIES at Governor's Walk featuring Anna Baksheeva and Alexander Rybydailo. (See announcement on page 34 for more details.)

September Events

Sat., Sept 10
DEADLINE FOR SUBMISSIONS for the October edition of the *New Edinburgh News*.

Sat., Sept 17, 9 am - 3 pm
NEW EDINBURGH COMMUNITY GARAGE SALE - For further information, call Cathy 613-746-0303.

Sun., Aug 18, 8 am - 8 pm
1000 ISLANDS & TWO CASTLE TOUR - Package includes free parking, boat cruise, entrance fees to both castles, transportation to and from Rockport, & the buffet lunch. 613-230-3276, info@friendsofthefarm.ca, www.friendsofthefarm.ca.

Mon., Sept 19, 7:30 pm
NECA BOARD MEETING at St. Bartholomew's Church. All welcome.

Classified Ads

RATES: \$10, first 25 words; \$5, each additional 25 words, payable on submission of ad. Public service ads (such as lost & found) free. Call Cindy Parkanyi, 745-8734 or email newednews@hotmail.com.

DOG/CAT WALKING AND SITTING Your house plants are also safe with me!. Emergency and regular daily walking. References. Liba Bender: 613-746-4884.

CLASSES ON DRAWING, PAINTING & PERSPECTIVE for adults and children in New Edinburgh. Call: Ana Iriondo de Bryson at 613-740-0489 or visit her website at www.anairi-ondodebryson.cjb.net.

HOUSECLEANING by long-time Burgh resident. Good references in neighbourhood. Available immediately. 613-744-8449.

CYCLEWAX: For Bicycle Repair and Maintenance in New Edinburgh. (613) 293 5640 Email: rider4evr@live.com.

HOUSE TO RENT: Fully furnished family home to rent on Union Street mid November 2011 - mid April 2012. Telephone 613-741-9951

HELP WANTED: Experienced cleaner for bed and breakfast. Must be self starter, non smoker and reliable. Minimum 2+ hours every day (preferably mornings) with flexible days off. Telephone 613-741-9951.



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Wanted: Managing Editor

The Publishers of the *Manor Park Chronicle* (The Chronicle), a successful and vibrant Community Newspaper serving the residents and businesses of Manor Park and the surrounding area for more than 60 years, seek expressions of interest for the part-time position of **Managing Editor** of The Chronicle.

The Chronicle reports local news, events and stories. It also covers activities in nearby neighbourhoods and throughout Ottawa which are deemed to be of interest to the residents of Manor Park. It has no political affiliations and works collaboratively with local merchants, services, community groups and schools to publicize their activities. The paper encourages communication among all segments of the community, promotes community events and programs, highlights local issues, facilitates community activism, and fosters pride in the community of Manor Park.

Under the strategic direction of the Publisher's Advisory Board, the Managing Editor has operational, editorial and managerial responsibility for The Chronicle, a 44 page paper. The Managing Editor will work with and direct a motivated and experienced

team to produce 5 issues of The Chronicle each publishing year. The Managing Editor will work collectively with an: (i) Editorial Manager; (ii) Advertising Manager; (iii) Production (Layout & Design) Manager; (iv) a Circulation Manager; as well as (v) The Chronicle's Treasurer.

The successful candidate should have experience in print media, preferably operational experience as an Editor of a paper or magazine. Previous experience working in a community-based publishing context will be a significant asset. Experience or the ability to quickly get up to speed with Adobe Creative Suite 2, Adobe InDesign, Acrobat Distiller Professional and Microsoft Office Professional is required.

Ideally, the new Managing Editor should be in a position to transition into The Chronicle to get to know the community and the Chronicle team over the summer. This will ensure that the first issue of the new publishing year can go to print in September 2011.

Interested applicants are invited to respond to: "chronicle@manorpark.ca".

Nature and form of remuneration to be discussed/negotiated.

Manor Park.ca

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Happy Birthday Sarah and Henry!

Welcome

Pauline Whelan and her charming male basset hound **Marconi** recently welcomed **Gypsy Rose**, a beautiful female basset hound who has swiftly settled in to become a cheerful companion to Marconi, and a welcome new addition to the doggy set in Stanley Park."

Welcome to **James, Miriam** and (baby) **Maëlle Fournier** who have moved to the corner of Avon Lane and Keefer.

Welcome back to **Kathryn Sabetta** of Avon Lane who just returned from a once-in-a-lifetime whirlwind tour around Europe with her

mother. She is back just in time to begin applying her business bookkeeping skills to the *New Edinburgh News*, replacing **Oksana Smerechuk** (of Stanley Ave) who will be leaving on posting sometime this summer.

Welcome to **Adam** and **Kristen** who have just moved to Noel St.

The Burkes on Keefer Street are happy to welcome **Pitcher**, their new playful pup.

A warm welcome to **Peter Kocoris** who took over as Executive Director of **The Edinburgh Retirement Residence** in January 2011. We look forward to introduc-



Photo: Patrick Bailey 4th Orleans 63rd Ottawa Scout at the Heritage Spring Scout Camp at Awacamenj Mino Scout Camp, Low Quebec.

NEW EDINBURGH NEWS ing him to the community in the next edition of the *NEN* in October.

Birthdays

Two of our *NEN* photographers make a pair of Taurus shutterbugs. **Louise Imbeault** celebrated her birthday on May 14 and our new photographer **Patricia Riveroll** celebrated on May 1. All the best to both.

Russell Lonsdale of MacKay St. turned 6 on April 26. Happy Birthday Russell!

Henry and Sarah Hamlin of Noel St. turned 1 in April. There's no stopping them now!

Congratulations

Congratulations to the **Ottawa Rhythmic Spirals** for winning best overall team for rhythmic gymnastics at the "Le Défi" Special Olympics competition in Montreal. The Spirals are part of the larger Ottawa Rhythmic Gymnastics Club that practices in gyms in Rockcliffe Park. One of the members of the Spirals, **Christina Campbell** (fourth from left), will be part of the team representing Canada at the Special Olympics World Summer Games in Athens.



Pitcher will jump through hoops - literally!

Congratulations and best wishes to **Mary Albota** who was recently appointed Director of Health Services at the **Wabano Centre for Aboriginal Health** on Montreal Road. Mary is well known in our community for her wonderful work in our retirement community, and is delighted to be taking on a new challenge at the Wabano Centre. We look forward to providing a full report on Mary's work at the Centre in our October edition.

Congratulations to **Janet Uren** of Crichton Street on her fine first appearance on



Frank and Iris, Acrylic on canvas, 40 x 30 in., 2011
Karen Bailey has donated this painting to "le pARTy", Ottawa Art Gallery 2011 Art Auction, which takes place on Thursday, June 2 from 6:00 - 8:30 pm at 2 Daly Avenue.



Photo: Maia Pudifin
Ottawa Rhythmic Spirals take first at Le Défi in Montreal.

the stage of the Ottawa Little Theatre in *Deliver Us from Evil*. After a short pause for recuperation, Janet will begin rehearsals for the fall production of Somerset Maugham's *The Circle* by her own company, Linden House Theatre, which performs on the stage of Elmwood School.

Lisa Di Lorenzo and **John-Paul Gouett** of MacKay St. and NEST on Dalhousie are doing a little NEST-ing of their own with new baby **Arthur John** born on May 20, just in time for the Breezy Bit deadline!

Kudos

A big thank you to Rockcliffe Park Public School's SK teacher **Chantal Goyette** for teaching the kids about Impressionism and helping them create their Monet inspired masterpieces. They are lucky to have you!

DEADLINE for submissions

Sept 10

breezybits@hotmail.com



Artist rendering of the Wabano Centre for Aboriginal Health on Montreal Road.